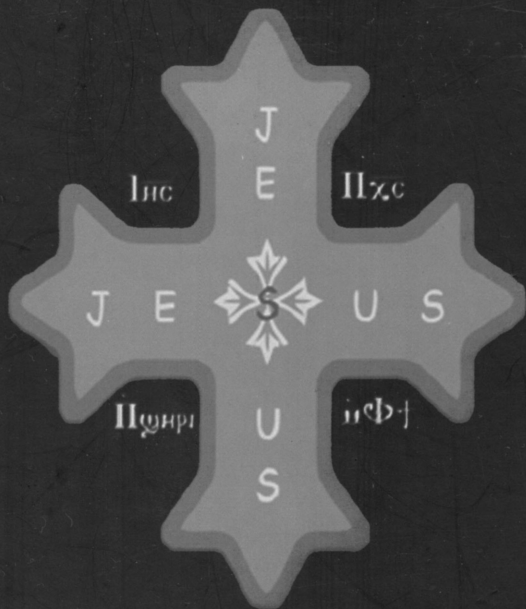


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CORTIC AGPEYA



THE PRAYER BOOK
OF THE
SEVEN CANONICAL HOURS



THE "AGPEYA"
PRAYER BOOK OF THE
SEVEN CANONICAL HOURS

THIS BOOK IS A PROPERTY OF
THE CHURCH OF VIRGIN MARY &
ST. ATHANASIOS
PLEASE, TAKE GOOD CARE OF IT AND
KEEP IT IN CHURCH AT ALL TIMES.

Jesus Christ



ii

Mary the Mother of Jesus Christ



iii

The Holy St. Athanasius the Apostolic



His Holiness Pope Shenouda III





TABLE OF CONTENTS

Introduction -----	vi
Introductory prayer -----	1
Prayer of the First Hour (Prime) -----	6
Prayer of the Third Hour (Terce) -----	40
Prayer of the Sixth Hour (Sext) -----	60
Prayer of the Ninth Hour (None) -----	80
Prayer of the Eleventh Hour (Vespers) -----	100
Prayer of the Twelfth Hour (Compline) -----	116
Prayer of the Veil -----	138
Midnight Prayer -----	148
First Watch -----	151
Second Watch -----	171
Third Watch -----	178
Priest's Absolution -----	191
Various Prayers -----	200
Psalms Index -----	221
New Testament Index -----	233

ABOUT THE AGPEYA

The Word "AGPEYA"

The word AGPEYA is derived from the Coptic word *Ti-AGP*, which literally means the hour. So the Coptic *Ti agpeya* means, the Book of the Hours.

The Book of "AGPEYA".

The book of "AGPEYA" contains the seven canonical prayers, which have been cherished and practiced by the Copts of the Orthodox Church of Alexandria. It contains Psalms, Gospel readings, and prayers to be read at specific hours throughout the course of a day; arranged in accordance with corresponding events in the life of the Lord Jesus Christ. David the Prophet says, "Seven times a day I praise you because of your righteous judgments" (Ps. 119:164); and the Lord commands, "Men ought always to pray, and not to faint" (Luke 18:1).

Why do we use the "Agpeya" for praying?

H.H. Pope Shenouda writes:

✠ We use the "Agpeya" when we pray due to the spirituality and idealism of its contents.

✠ By the assistance of the "Agpeya" we learn how to say our prayers and the appropriate way to speak to God.

✠ The "Agpeya" teaches us to pray and to examine everything carefully. Such a way allows us to involve God in the details of our whole life since we learn nothing out in our dialogue with Him.

✠ A worshipper who constantly has access to the "Agpeya" during his prayer time is exposed to so many biblical passages which in turn assist him in his daily life and have a profound influence over his feelings and behaviour.

The originality of the "Agpeya"

The incorporation of such selected Psalms, Gospels, and prayers into the Christian worship was adopted first by the Coptic Church of Alexandria. Thanks to the relative peace that it enjoyed during the first and second centuries, the Egyptian Church, long before any other Church, was able to establish the pattern of these canonical hours. Both

the structure and the contents of the Coptic "Agpeya" are the direct descendants of the original canonical hours, which were used by the cenobite (communal) monasteries, which originated in Egypt in the first quarter of the fourth century.

The "Agpeya" and the Psalms

The principal element in the structure of the "Agpeya" is a selection of Psalms specially arranged to correspond with the basic theme of the hour in question. The Coptic Church sees the *Book of Psalms* as a source of divine treasure and a stream of spiritual edification and teaching which covers all aspects of the relationship between God and man. Therefore, the Church used the Psalms as a remedy of the believers' lives and a means of inflaming their hearts with the fire of divine love.

This "Agpeya" follows the New Living Translation. However, the **numbering in the Psalms** is from the Coptic version of the Old Testament, which is based on the Septuagint. In the Psalms Index the numbers in the brackets refer to Psalms in the NLT. Therefore, Ps. 23 in the NLT is Ps. 22 in the Septuagint

The "Agpeya" and Prayer

In the Eucharistic service, the midnight prayer is recited before midnight praises. Then the Prime Hour is prayed followed by the service of the Morning Offering of Incense.

The **Terce and Sext Hours** are prayed in the following occasions:

- 1) Non-Fasting Days (annual season) all days of the week, except Wednesday and Friday.
- 2) Fasting Days (Including the Great Lent), and Saturday and Sunday.
- 3) Feasts of the Cross, Coptic New Year (Nayrooz), and all feasts of the Lord except Nativity, Epiphany and Resurrection.

The **Terce, Sext, and None Hours** are prayed in the following occasions:

- 1) Non-Fasting Days (annual season); Wednesday and Friday.
- 2) Fasting Days except the Great Lent, and the fast of Nineveh during all the weekdays.

The **Terce, Sext, None, Vespers, Compline Hours** (and the Veil in monesteries or individually) are prayed in the following occasions:

- 1) The fast of Nineveh (Jonah's Fast).
- 2) The Great Lent weekdays.

The Order of the "Agpeya"

Following the practice common at the time of Christ (John 11:9), the day is computed from sunrise to sunset; thus, the first hour corresponds to 6 a.m., the third hour to 9 a.m., the sixth hour to noon, the ninth hour to 3 p.m. (see also Acts 2:15; 3:1; 10:3, 16:25). The Psalm system of the Coptic Canonical Hours is mentioned by St. John Cassian (c. 360-435 A.D.), in his *De Institutis* 2:4; namely, twelve Psalms for each hour. However, a further seven Psalms are added to the twelve of the Office of the Morning Prayer, while the Office of the midnight prayer is composed of three watches (nocturnes).

Manner of Praying the Hours

Each of the Canonical Hours starts with the Lord's Prayer, the Prayer of Thanksgiving, and Psalm 50 (David the Psalmist's prayer of confession). Which are followed by the appropriate Psalms, the reading from the Gospel and the Litanies. These are followed by "Kyrie Eleison" 41 times (representing the thirty-nine scourges (2 Cor. 11:24) of the Lord, the spear (John 19:34) and the reed (Matt. 27:30). The petition, "Holy, Holy, Holy, Lord of Sabaouth (Hosts)..." the Lord's Prayer, the Absolution, concluding with the supplication, "Have mercy on us, O God, and have mercy on us...."

Themes of the Hours

PRIME (First Hour)

The Morning Prayer is designed to be prayed early in the morning as reference to the coming of the true Light, the Lord Jesus Christ. The Prime is mainly associated with the eternity of God, His incarnation, and His resurrection from the dead. It is intended to offer thanks to Him for having raised us from sleep, beseeching Him to shine upon us, enlighten our lives, and grant us the power of His resurrection.

TERCE (Third Hour)

The Third Hour, commemorates three significant events: Christ's trial by Pilate, His ascension to the Heavens, and the descent of the Holy Spirit upon the disciples. We pray that the grace of the Holy Spirit may cleanse our hearts and renew our lives.

SEXT (Sixth Hour)

The Sixth Hour, reminds us of the crucifixion and passions of Christ. We pray that through His life giving passions, He may deliver our minds from desire, turn our thoughts to the remembrance of His commandments, and make of us a light of the world and salt of the earth.

NONE (Ninth Hour)

The Ninth Hour, commemorates the redemptive death of Christ in the flesh on the cross, and his acceptance of the repentance of the thief. We pray that the Saviour may mortify our carnal lusts, make us partakers of His grace, and accept our repentance when we cry out with the Thief "Lord, remember me when You come into Your kingdom" (Luke 23:42).

VESPERS (Eleventh Hour)

The Eleventh Hour, is associated with the act of taking Christ's body down from the Cross. At the end of the day, we give thanks for God's protection, and confess our sins with the Prodigal Son (Luke 15:31); that we may be counted among the labourers who were called at the eleventh hour of the day (Matt. 20:116).

COMPLINE (Twelfth Hour)

The Twelfth hour, commemorates the burial of Christ. We remember the passing world and the final judgment. Mindful of our eminent standing before God, we ask for the forgiveness of our sins throughout the night.

THE VEIL

In addition to these hours, the prayer of The Veil is prayed daily in the monasteries, after the prayer of the Twelfth Hour and before the midnight prayer. The *Didascalia* directs the Veil to be read by Bishops and Priest as a means of examining the heart. According to the "Agpeya" it is for the use of monks, yet is suitable for individual meditation.

MIDNIGHT

The midnight prayer commemorates the second coming of our Lord. The office consists of three watches (nocturnes), corresponding to the three stages of Christ's prayer in the Garden Gethsemane (Matt 25:1-13).

Advice on How to use the "Agpeya"

✠✠ The "Agpeya" is the book of prayer; let it be the first one to be opened. This will direct the whole day towards God, and encourage us to use the book several times a day.

✠✠ Praying the Hours is a means of examining our heart and correcting its faults. Therefore, with following the order of the "Agpeya" we need to purify our hearts constantly by repentance and humility, to dwell in the truth and to love all people. Thus, our order of prayer will be effective and fruitful.

✠✠ The few minutes during which we prepare ourselves for prayer by examining the heart, repentance, prostration, and contemplation have an important influence for obtaining the spirit of prayer.

✠✠ Psalms are a rich food of the spirit; let us love them and enjoy reciting them frequently.

✠✠ The quality of time used to prayer matters more to the quantity of psalms. You can consult your spiritual father regarding this matter. It is useful to understand the meaning of prayer and think of it continually.

✠✠ The words of the Psalm are to be applied to yourself, and to be said as if they are your own words, and not saying of others.

✠✠ Do not move from one word to another, and from one psalm to the other without grasping the feeling and the truth it bears. Try to understand the purpose of each and every word and have it touch your heart, in order to find its hidden and real meaning.

✠✠ With each word which purposes worship, kneel down or at least bow your head in reverence.

✠✠ Assign and appoint a time for your prayers in which you express your desire and burning love to God. When you pray to God using your own words or verses from the psalms you will experience that joy and happiness will dominate your life.

But you, when you pray, go into your room, and when you have shut your door, pray to your father who is in the secret place; and your father who sees in secret will reward you openly. Matthew 6:6

HISTORY



The "Agpeya" or the seven canonical prayers started as early as the apostolic age during the earliest days of Christianity. The believers received the spiritual practice from the head of the Alexandrine Church: St. Mark the Apostle, who was also the founder of the Church in Egypt.

This was done according to St. Luke, the Apostle, who wrote Book of Acts, "So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, praising God and having favor with all the people. And the Lord added to the Church daily those who were being saved." (Acts 2: 46-47)

However, there was at the beginning, some disagreement on the number of Psalms that should be prayed. Then one day, while the faithful assembled to pray the Psalms an angel appeared in their midst, and started praising the Lord and singing Psalms. The angel recited eleven Psalms with a very pleasant tune, then added certain individual prayer. Finally, the angel ended its worship by

reciting an additional Psalm. Therefore, the total number of Psalms was determined to be twelve.

The angel departed after putting an end to the dispute, and the holy fathers concluded that the matter was settled with divine proclamation. Consequently, the "Agpeya" became an ecumenical law to be observed by all the believers.

It was mentioned by John Cassian that the system of prayers in the Church of Alexandria was established before the beginning of monasticism. He said, "These arrangements of prayers were observed by all the servants of God in Egypt."

When the clergy charged Saint Basil in Caesarea Philippi because of the Night-Watch system he proposed, he replied that this system was being observed in Egypt. Thus, it is not true, what some of the scholars claim, that praying the "Agpeya" in Egypt was a monastic practice.

Since the beginning of the Apostolic Church, the Copts served God with newness in Spirit, worshipping the Lord with such a spiritual stature, sometimes higher than the monks themselves. According to divine proof, Saint Antony visited twice the outside world to look for the laity who surpassed him in holiness. Also, Saint Macarius, guided by the Spirit, went to visit the two women who exceeded in sanctity and in their love for Christ.

Saint John Chrysostom had some inspiring comments about the fruits of prayer. He wrote, "He who visits the Egyptian deserts will find that it has been transformed into 'Paradise'." Tens of thousands of angelic choirs live like "humans", accompanied by masses 'martyrs' (who are live), and co-existing with flocks of virgins. The power of the devil has been crushed, and the Kingdom of Christ shines with abundant glory.

The land which once belonged to the wise men, the poets, and the magicians is now proud, only, with the group of fishermen and with that tent maker, taking refuge always in the Cross. For truly, in every place in the land of Egypt, there are dedicated believer in Christ, Saintly Flocks, Holy Virtues, and Heavenly Powers. These spiritual movements are found not only among men, for the wicked one wages His war against men and women alike.

Therefore, the wilderness of Egypt, with its monastic cells scattered abroad, has surpassed in its beauty the sky dotted by so many twinkling stars.



Seven times a day I praise because of your righteous judgments. Psalm 119:164

Could you not watch with me one hour? Watch and pray lest you enter into temptation. Matthew 26:40,41

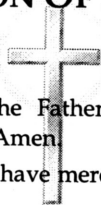
The **Gospels** in this Coptic Book of Hours ("Agpeya") follow the New King James Version.

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The **Psalms** in this Coptic Book of Hours ("Agpeya") follow the New Living Translation. However, the **numbering in the Psalms** is from the Coptic version of the Old Testament, which is based on the Septuagint. In the Psalms Index the numbers in the brackets refer to Psalms in the NLT. Therefore, Ps. 23 in the NLT is Ps. 22 in the Septuagint.

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INTRODUCTION OF EVERY HOUR



✠ In the name of the Father, the Son, and the Holy Spirit, one God. Amen.

✠ Kyrie eleison, Lord have mercy, Lord have mercy, Lord bless us. Amen.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit, both now and forever and unto the age of all ages. Amen.

THE LORD'S PRAYER

O Lord, make us worthy to pray with all thanksgiving:

Our Father who art in Heaven, hallowed be Thy Name; Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one, through Christ Jesus our Lord. For Thine is the kingdom, the power, and the glory, forever. Amen.

THE PRAYER OF THANKSGIVING

Let us give thanks to the Beneficent and Merciful God, the Father of our Lord, God and Saviour, Jesus Christ; for He has covered us, supported us, preserved us, accepted us unto Him, had compassion on us, sustained us, and brought us unto this hour. Let us then ask Him, the Almighty Lord our God, to keep us in all peace this holy day and all the days of our life. O Master, Lord, God Almighty, Father of our Lord, God and Saviour Jesus Christ; we thank You upon every condition, for any condition, and in whatever condition. For You have covered us, supported us, preserved us, accepted us unto You, had compassion on us, sustained us and brought us to this hour. Therefore, we pray and entreat Your goodness, O Lover of Mankind. Grant us to complete this holy day, and all the days of our life in all peace with Your fear. All envy, all temptation, all the workings of Satan, the intrigue of wicked people, the rising up of enemies, hidden and manifest, take away from us, and from all Your people, and from this, Your holy place. But as for those things, which are good and useful, do grant unto us. For You are the One who gave us the

authority to trample on serpents and scorpions and every power of the enemy. And lead us not into temptation, but deliver us from the evil one.

Through the grace, compassion and love of mankind, of Your only Begotten Son, our Lord, God and Saviour, Jesus Christ. Through whom glory, honour, dominion, and worship are due unto You, with Him, and the Holy Spirit, the Life-giver, who is of one essence with You, both now and forever, and unto the age of all ages. Amen.

PSALM 50

Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I recognize my rebellion; it haunts me day and night. Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just. For I was born a sinner – yes, from the moment my mother conceived me. But you desire honesty from the womb, teaching me wisdom even there. Purify me from my sins, and I will be clean; wash me, and I will be whiter than

snow. Oh, give me back my joy again; you have broken me – now let me rejoice. Don't keep looking at my sins. Remove the stain of my guilt.

Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit from me. Restore to me the joy of your salvation, and make me willing to obey you. Then I will teach your ways to rebels, and they will return to you. Forgive me for shedding blood, O God who saves; then I will joyfully sing of your forgiveness.

Unseal my lips, O Lord, that my mouth may praise you. You do not desire a sacrifice, or I would offer one. You do not want a burnt offering. The sacrifice you desire is a broken spirit. You will not reject a broken and repentant heart, O God.

Look with favor on Zion and help her; rebuild the walls of Jerusalem. Then you will be pleased with sacrifices offered in the right spirit – with burnt offerings and whole burnt offerings. Then bulls will again be sacrificed on your altar. **Alleluia.**



THE FIRST HOUR

(PRIME)

6 A.M.
COMMEMORATES THE
RESURRECTION OF JESUS CHRIST
Luke 24:1-6 & Mark 1:35

Prayer of the First Hour (Prime)

The worshipper prays the INTRODUCTION OF EVERY HOUR which includes:

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

COME LET US WORSHIP

O come, let us worship:

O come, let us ask Christ our God.

O come, let us worship:

O come, let us beseech Christ our King.

O come, let us worship:

O come, let us entreat Christ our Saviour.

O Lord Jesus Christ, the Word of God, our God, through the intercessions of the Holy Virgin Mary and all Your Saints, preserve us, and bring us to a fresh start. Have mercy upon us according to Your will forever.

The night has passed away, we give thanks unto You O Lord, and we ask You to keep us this day without sin, and deliver us.

A passage from the Epistle of our teacher St. Paul, the Apostle, to the Ephesians. Chapter 4: 1-5

"I, therefore, the prisoner of the Lord, beseech you that you walk worthy of the calling with which you were called, with all lowliness and meekness, with long-suffering, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism."

THE FAITH OF THE CHURCH

One is God; the Father of all. One is His Son Jesus Christ the Logos, who became man, died and rose from the dead on the third day, and raised us up with Him. One is the Holy Spirit, the Comforter, and the same in nature, who proceeds from the Father, and sanctifies the whole creation, teaching us to worship the Holy Trinity, in one divinity and one nature. We praise Him, we bless Him forever. Amen.

The prayer of the First Hour of this blessed day, we offer to Christ our king and our God, beseeching Him to forgive us our sins.

From the Psalms of our father David, the prophet and the king, may his blessing be with us all. Amen.

Psalm 1

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do. But not the wicked! They are like worthless chaff, scattered by the wind. They will be condemned at the time of judgment. Sinners will have no place among the godly. For the LORD watches over the path of the godly, but the path of the wicked leads to destruction. **Alleluia.**

Psalm 2

Why are the nations so angry? Why do they waste their time with futile plans? The kings of the earth prepare for battle; the rulers plot together against the LORD and against his anointed one. "Let us break their chains," they cry, "and free ourselves from slavery to God." But the one who rules in heaven laughs. The Lord scoffs at them. Then in anger he rebukes them, terrifying them with his fierce fury. For the Lord declares, "I have placed my chosen king on the throne in Jerusalem, on my holy mountain." The king proclaims the Lord's decree: "The LORD said to me, 'You are my son. Today I have become your Father. Only ask, and I will give you the nations as your inheritance, the whole earth as your possession. You will break them with an iron rod and smash them like clay pots.'" Now then, you kings, act wisely! Be warned, you rulers of the earth! Serve the LORD with reverent fear, and rejoice with trembling. Submit to God's royal son, or he will become angry, and you will be destroyed in the midst of all your activities— for his anger flares up in an instant. But what joy for all who take refuge in him! **Alleluia.**

Psalm 3

O LORD, I have so many enemies; so many are against me. So many are saying, "God will never rescue him!" But you, O LORD, are a shield around me; you are my glory, the one who holds my head high. I cried out to the LORD, and he answered me from his holy mountain. I lay down and slept, yet I woke up in safety, for the LORD was watching over me. I am not afraid of ten thousand enemies who surround me on every side. Arise, O LORD! Rescue me, my God! Slap all my enemies in the face! Shatter the teeth of the wicked! Victory comes from you, O LORD. May you bless your people. **Alleluia.**

Psalm 4

Answer me when I call to you, O God who declares me innocent. Free me from my troubles. Have mercy on me and hear my prayer. How long will you people ruin my reputation? How long will you make groundless accusations? How long will you continue your lies? You can be sure of this: The LORD set apart the godly for himself. The LORD will answer

when I call to him. Don't sin by letting anger control you. Think about it overnight and remain silent. Offer sacrifices in the right spirit, and trust the LORD. Many people say, "Who will show us better times?" Let your face smile on us, LORD. You have given me greater joy than those who have abundant harvests of grain and new wine. In peace I will lie down and sleep, for you alone, O LORD, will keep me safe. **Alleluia.**

Psalm 5

O LORD, hear me as I pray; pay attention to my groaning. Listen to my cry for help, my King and my God, for I pray to no one but you. Listen to my voice in the morning, LORD. Each morning I bring my requests to you and wait expectantly. O God, you take no pleasure in wickedness; you cannot tolerate the sins of the wicked. Therefore, the proud may not stand in your presence, for you hate all who do evil. You will destroy those who tell lies. The LORD detests murderers and deceivers. Because of your unfailing love, I can enter your house; I will worship at your Temple with deepest awe. Lead me in the

right path, O LORD, or my enemies will conquer me. Make your way plain for me to follow. My enemies cannot speak a truthful word. Their deepest desire is to destroy others. Their talk is foul, like the stench from an open grave. Their tongues are filled with flattery. O God, declare them guilty. Let them be caught in their own traps. Drive them away because of their many sins, for they have rebelled against you. But let all who take refuge in you rejoice; let them sing joyful praises forever. Spread your protection over them, that all who love your name may be filled with joy. For you bless the godly, O LORD; you surround them with your shield of love. **Alleluia.**

Psalm 6

O LORD, don't rebuke me in your anger or discipline me in your rage. Have compassion on me, LORD, for I am weak. Heal me, LORD, for my bones are in agony. I am sick at heart. How long, O LORD, until you restore me? Return, O LORD, and rescue me. Save me because of your unfailing love. For the dead do not remember you. Who can praise you from the grave? I am worn out from sobbing. All night I flood my bed with weeping, drenching it with my tears.

My vision is blurred by grief; my eyes are worn out because of all my enemies. Go away, all you who do evil, for the LORD has heard my weeping. The LORD has heard my plea; the LORD will answer my prayer. May all my enemies be disgraced and terrified. May they suddenly turn back in shame. **Alleluia.**

Psalm 8

O LORD, our Lord, your majestic name fills the earth! Your glory is higher than the heavens. You have taught children and infants to tell of your strength, silencing your enemies and all who oppose you. When I look at the night sky and see the work of your fingers— the moon and the stars you set in place— what are mere mortals that you should think about them, human beings that you should care for them? Yet you made them only a little lower than God and crowned them with glory and honor. You gave them charge of everything you made, putting all things under their authority— the flocks and the herds and all the wild animals, the birds in the sky, the fish in the sea, and everything that swims the ocean currents. O LORD, our Lord, your majestic name fills the earth! **Alleluia.**

Psalm 11

Help, O LORD, for the godly are fast disappearing! The faithful have vanished from the earth! Neighbors lie to each other, speaking with flattering lips and deceitful hearts. May the LORD cut off their flattering lips and silence their boastful tongues. They say, "We will lie to our hearts' content. Our lips are our own—who can stop us?" The LORD replies, "I have seen violence done to the helpless, and I have heard the groans of the poor. Now I will rise up to rescue them, as they have longed for me to do." The Lord's promises are pure, like silver refined in a furnace, purified seven times over. Therefore, LORD, we know you will protect the oppressed, preserving them forever from this lying generation, even though the wicked strut about, and evil is praised throughout the land. **Alleluia.**

Psalm 12

O LORD, how long will you forget me? Forever? How long will you look the other way? How long must I struggle with anguish in my soul, with sorrow in my heart every day? How long will my enemy have the upper hand? Turn and answer me, O LORD my God! Restore the sparkle to my eyes, or I will die. Don't let my enemies gloat, saying, "We have defeated him!" Don't let them rejoice at my downfall. But I trust in your unfailing love. I will rejoice because you have rescued me. I will sing to the LORD because he is good to me. **Alleluia.**

Psalm 14

Who may worship in your sanctuary, LORD? Who may enter your presence on your holy hill? Those who lead blameless lives and do what is right, speaking the truth from sincere hearts. Those who refuse to gossip or harm their neighbors or speak evil of their friends. Those who despise flagrant sinners, and honor the faithful followers of the LORD, and keep their promises even when it hurts. Those who

lend money without charging interest, and who cannot be bribed to lie about the innocent. Such people will stand firm forever. **Alleluia.**

Psalm 15

Keep me safe, O God, for I have come to you for refuge. I said to the LORD, "You are my Master! Every good thing I have comes from you." The godly people in the land are my true heroes! I take pleasure in them! Troubles multiply for those who chase after other gods. I will not take part in their sacrifices of blood or even speak the names of their gods. LORD, you alone are my inheritance, my cup of blessing. You guard all that is mine. The land you have given me is a pleasant land. What a wonderful inheritance! I will bless the LORD who guides me; even at night my heart instructs me. I know the LORD is always with me. I will not be shaken, for he is right beside me. No wonder my heart is glad, and I rejoice. My body rests in safety. For you will not leave my soul among the dead or allow your holy one to rot in the grave. You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever. **Alleluia.**

Psalm 18

The heavens proclaim the glory of God. The skies display his craftsmanship. Day after day they continue to speak; night after night they make him known. They speak without a sound or word; their voice is never heard. Yet their message has gone throughout the earth, and their words to all the world. God has made a home in the heavens for the sun. It bursts forth like a radiant bridegroom after his wedding. It rejoices like a great athlete eager to run the race. The sun rises at one end of the heavens and follows its course to the other end. Nothing can hide from its heat. The instructions of the LORD are perfect, reviving the soul. The decrees of the LORD are trustworthy, making wise the simple. The commandments of the LORD are right, bringing joy to the heart. The commands of the LORD are clear, giving insight for living. Reverence for the LORD is pure, lasting forever. The laws of the LORD are true; each one is fair. They are more desirable than gold, even the finest gold. They are sweeter than honey, even honey dripping from the comb. They are a warning to your servant, a great reward for those who obey them. How can I know all the sins lurking in my heart? Cleanse me from these hidden faults. Keep your servant from deliberate sins! Don't let

Psalm 24

them control me. Then I will be free of guilt and innocent of great sin. May the words of my mouth and the meditation of my heart be pleasing to you, O LORD, my rock and my redeemer. **Alleluia.**

O LORD, I give my life to you. I trust in you, my God! Do not let me be disgraced, or let my enemies rejoice in my defeat. No one who trusts in you will ever be disgraced, but disgrace comes to those who try to deceive others. Show me the right path, O LORD; point out the road for me to follow. Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you. Remember, O LORD, your compassion and unfailing love, which you have shown from long ages past. Do not remember the rebellious sins of my youth. Remember me in the light of your unfailing love, for you are merciful, O LORD. The LORD is good and does what is right; he shows the proper path to those who go astray. He leads the humble in doing right, teaching them his way. The LORD leads with unfailing love and faithfulness all who keep his covenant and obey his demands. For the honor of

your name, O LORD, forgive my many, many sins. Who are those who fear the LORD? He will show them the path they should choose. They will live in prosperity, and their children will inherit the land. The LORD is a friend to those who fear him. He teaches them his covenant. My eyes are always on the LORD, for he rescues me from the traps of my enemies. Turn to me and have mercy, for I am alone and in deep distress. My problems go from bad to worse. Oh, save me from them all! Feel my pain and see my trouble. Forgive all my sins. See how many enemies I have and how viciously they hate me! Protect me! Rescue my life from them! Do not let me be disgraced, for in you I take refuge. May integrity and honesty protect me, for I put my hope in you. O God, ransom Israel from all its troubles. **Alleluia.**

Psalm 26

The LORD is my light and my salvation— so why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble? When evil people come to devour me, when my enemies and foes attack me, they will stumble and fall. Though a mighty army surrounds me, my heart will not be afraid. Even if I am attacked, I will remain confident. The one thing I ask

the LORD— the thing I seek most— is to live in the house of the LORD all the days of my life, delighting in the Lord's perfections and meditating in his Temple. For he will conceal me there when troubles come; he will hide me in his sanctuary. He will place me out of reach on a high rock. Then I will hold my head high above my enemies who surround me. At his sanctuary I will offer sacrifices with shouts of joy, singing and praising the LORD with music. Hear me as I pray, O LORD. Be merciful and answer me! My heart has heard you say, "Come and talk with me." And my heart responds, "LORD, I am coming." Do not turn your back on me. Do not reject your servant in anger. You have always been my helper. Don't leave me now; don't abandon me, O God of my salvation! Even if my father and mother abandon me, the LORD will hold me close. Teach me how to live, O LORD. Lead me along the right path, for my enemies are waiting for me. Do not let me fall into their hands. For they accuse me of things I've never done; with every breath they threaten me with violence. Yet I am confident I will see the Lord's goodness while I am here in the land of the living. Wait patiently for the LORD. Be brave and courageous. Yes, wait patiently for the LORD. **Alleluia.**

Psalm 62

O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. I have seen you in your sanctuary and gazed upon your power and glory. Your unfailing love is better than life itself; how I praise you! I will praise you as long as I live, lifting up my hands to you in prayer. You satisfy me more than the richest feast. I will praise you with songs of joy. I lie awake thinking of you, meditating on you through the night. Because you are my helper, I sing for joy in the shadow of your wings. I cling to you; your strong right hand holds me securely. But those plotting to destroy me will come to ruin. They will go down into the depths of the earth. They will die by the sword and become the food of jackals. But the king will rejoice in God. All who trust in him will praise him, while liars will be silenced. **Alleluia.**

Psalm 66

May God be merciful and bless us. May his face smile with favor on us. May your ways be known throughout the earth, your saving power among people everywhere. May the nations praise you, O God. Yes, may all the nations praise you. Let the whole world sing for joy, because you govern the nations with justice and guide the people of the whole world. May the nations praise you, O God. Yes, may all the nations praise you. Then the earth will yield its harvests, and God, our God, will richly bless us. Yes, God will bless us, and people all over the world will fear him. **Alleluia.**

Psalm 69

Please, God, rescue me! Come quickly, LORD, and help me. May those who try to kill me be humiliated and put to shame. May those who take delight in my trouble be turned back in disgrace. Let them be horrified by their shame, for they said, "Aha! We've got him now!" But may all who search for you be filled with joy and gladness in you. May those who love your salvation repeatedly shout, "God is great!"

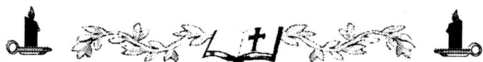
But as for me, I am poor and needy; please hurry to my aid, O God. You are my helper and my savior; O LORD, do not delay. **Alleluia.**

Psalm 112

Praise the LORD! Yes, give praise, O servants of the LORD. Praise the name of the LORD! Blessed be the name of the LORD now and forever. Everywhere—from east to west—praise the name of the LORD. For the LORD is high above the nations; his glory is higher than the heavens. Who can be compared with the LORD our God, who is enthroned on high? He stoops to look down on heaven and on earth. He lifts the poor from the dust and the needy from the garbage dump. He sets them among princes, even the princes of his own people! He gives the childless woman a family, making her a happy mother. **Alleluia.**

Psalm 142

Hear my prayer, O LORD; listen to my plea! Answer me because you are faithful and righteous. Don't put your servant on trial, for no one is innocent before you. My enemy has chased me. He has knocked me to the ground and forces me to live in darkness like those in the grave. I am losing all hope; I am paralyzed with fear. I remember the days of old. I ponder all your great works and think about what you have done. I lift my hands to you in prayer. I thirst for you as parched land thirsts for rain. Come quickly, LORD, and answer me, for my depression deepens. Don't turn away from me, or I will die. Let me hear of your unfailing love each morning, for I am trusting you. Show me where to walk, for I give myself to you. Rescue me from my enemies, LORD; I run to you to hide me. Teach me to do your will, for you are my God. May your gracious Spirit lead me forward on a firm footing. For the glory of your name, O LORD, preserve my life. Because of your faithfulness, bring me out of this distress. In your unfailing love, silence all my enemies and destroy all my foes, for I am your servant. **Alleluia.**



Holy, Holy, Holy. A passage from the Gospel according to Saint John, may his blessings be with us all. Amen.

John.1: 1-17

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made. In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to bear witness of the Light, that all through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light which gives light to every man coming into the world. He was in the world, and the world was made through Him, and the world did not know Him. He came to His own, and His own did not receive Him. But as many as received Him,

to them He gave the right to become children of God, to those who believe in His name: who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. John bore witness of Him and cried out, saying, "This was He of whom I said, 'He who comes after me is preferred before me, for He was before me.'" And of His fullness we have all received, and grace for grace. For the law was given through Moses, but grace and truth came through Jesus Christ.

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

O True Light, that enlightens every man that comes into the world, You have come into the world through Your love for mankind. All creation has rejoiced in Your coming. You have saved our father Adam from the deception and delivered our mother

Eve from the pangs of death. You have granted us the spirit to be your children. We therefore, praise and bless You, with Your angels saying:

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

When the morning hour dawned upon us, O Christ our God, the True light, let the enlightened senses and bright light shine within us, and do not let the darkness of pains overcome us. That we may praise You with understanding, with David, saying: "My eyes have awoken before the morning hour, that I may meditate on Your sayings." Hear our cries according to Your great mercy and deliver us, O Lord our God, through Your compassion.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

You are the honoured mother of the Light. From the rising of the sun to its setting, they offer unto you glorification, O Mother of God (*Theotokos*), the second Heaven, for you are the bright and unchanging flower, and the ever-virgin mother, for the Father chose you and the Holy Spirit overshadowed you, and the Son took flesh from you.

Therefore, ask Him to grant salvation to the world, which He has created, and deliver it from tribulations. Let us praise Him with a new song and bless Him; both now and ever and unto the age of all ages. Amen.

THE GLORIA

Let us praise with the angels saying: "Glory to God in the highest, peace on earth, goodwill towards men." We praise You; we bless You; we serve You; we worship You; we confess to You; we glorify You. We give thanks to You for Your great glory. O Lord, Heavenly King, God the Father, the Pantocrator; O Lord, the Only-begotten Son Jesus Christ, and the Holy Spirit; O Lord, God, Lamb of God, Son of the Father, Who takes away the sins of the world, receive our prayers. O You, Who sits at the right hand of His Father, have mercy on us. You alone are Holy; for You alone are the Lord, Jesus Christ, and the Holy Spirit. Glory be to God the Father. Amen.

Every day I will bless You, and praise Your holy name forever and unto the age of all ages. Amen.

From the night, my spirit seeks You early, O my God, for Your commandments are a light unto the earth. I continually pursue Your ways, for You have become a helper unto me. Early, my Lord, You shall hear my voice; in the morning I shall stand before You, and You shall look upon me.

THE TRISAGION

Holy God, Holy Mighty, Holy Immortal, Who was born of the Virgin, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who was crucified for us, have mercy on us.

Holy God, Holy mighty, Holy Immortal, Who rose from the dead and ascended into Heaven, have mercy on us.

Glory be to the Father, and to the Son, and to the Holy Spirit, both now, and forever, and unto the age of all ages. Amen.

O Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us.

O Lord, remit our sins. O Lord, pardon our iniquities. O Lord, forgive us our trespasses.

O Lord, visit the sick of Your people; heal them for the sake of Your Holy Name. Our fathers and brothers who have fallen asleep, O Lord repose their souls.

O You who are sinless, Lord have mercy on us. O You who are sinless, Lord help us and receive our supplications. For Yours is the glory, dominion, and triple Holiness. Lord have mercy. Lord have mercy. Lord bless us. Amen.

O Lord, make us worthy to pray with all thanksgiving:

Our Father who art in Heaven...

INTERCESSION OF THE MOST HOLY MOTHER OF GOD

Hail to you, we ask you, O saint full of glory, the Ever-Virgin, Mother of God, Mother of Christ; offer our prayers to your beloved Son, that He may forgive us our sins.

Hail to the Holy Virgin who gave birth to the True Light, Christ our God. Ask the Lord on our behalf, that He may have mercy upon us, that He may forgive us our sins.

O Virgin Mary, the Holy Mother of God, the faithful advocate for all mankind. Intercede on our behalf, before Christ to whom you gave birth, that He may forgive us our sins.

Hail to you, O Virgin, the very and true Queen, Hail to the pride of our race, who bore for us Emmanuel. We ask you to remember us, our faithful advocate, before our Lord, Jesus Christ, that He may forgive us our sins.

INTRODUCTION TO THE CREED

We exalt you, O mother of the True Light, and we glorify you, O Virgin Saint, Theotokos, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory be to You, our Master, and our King, Christ, the Pride of the Apostles, the Crown of the Martyrs, the Joy of the righteous, the Firmness of the churches, the Forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him and glorify Him. Lord have mercy, Lord have mercy, Lord bless us. Amen.

THE CREED

We believe in one God; God the Father the Pantocrator, Who created Heaven and the earth, and of all things seen and unseen.

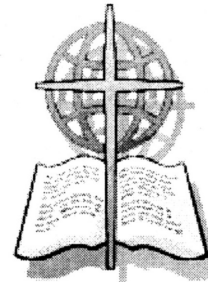
We believe in One Lord Jesus Christ, the Only Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God, begotten, not created; consubstantial with the Father, by whom all things were made; Who, for us men and for our salvation, came down from the Heaven and was incarnate of the Holy Spirit and of the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, suffered, and was buried. And on the third day He rose from the dead, according to the Scriptures; He ascended into Heaven, and sits at the right hand of His Father. And He is coming again in His glory to judge the living and the dead; whose Kingdom shall have no end.

Yes, we believe in the Holy Spirit, the Lord, the Giver of Life; Who proceeds from the Father; Who, with the Father and the Son is worshipped and glorified, Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church; we confess one baptism for the remission of sins. We look for the resurrection of the dead, and the life of the coming age. Amen.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaouth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us worthy to pray with all thanksgiving:

Our Father who art in Heaven...

1st ABSOLUTION

O Lord, God of hosts, Who exists before the ages and abides forever; Who has created the sun for the illumination of the day, and the night for the rest of all people, we thank You, O King of all ages, because You permitted us to pass this night in peace and brought us to the daybreak. Therefore, we ask You, O our Master, King of all ages: Let Your truth shine upon us, and may the light of Your divine knowledge enlighten us.

Grant us, O Our Master, to be children of light and the children of day, that we may pass this day in righteousness and chastity and good conduct, and that we may complete the remainder of our life without offense, through the grace, compassions, and love-of-mankind of Your Only-begotten Son, Our Lord God and Saviour Jesus Christ, and by the gift of the Holy Spirit; both now and forever and unto the age of all ages. Amen.

2nd ABSOLUTION

O Giver of light, who makes the sun shine upon the righteous and the wicked; who created and gave light to the world, we ask You, O Master of all, to enlighten our minds, hearts and understanding. Grant us this day to please You. Protect us from every evil, from every sin and from every enemy, through our Lord Jesus Christ, with Whom You are blessed together with the Holy Spirit, the Giver of life, and Who is equal with You both now and forever and unto the age of all ages. Amen.



THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE THIRD HOUR

(TERCE)

9 A.M

COMMEMORATES THE DESCENDING OF THE
HOLY SPIRIT UPON THE DISCIPLES

Acts 2:1-4, 15

CHRIST'S TRIAL BY PILATE
CHRIST'S ASCENSION TO THE HEAVENS

Prayer of the Third Hour (Terce)

*The worshipper prays the INTRODUCTION OF
EVERY HOUR which includes:*

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

*The prayer of the Third Hour of this blessed day,
we offer to Christ our King and our God, beseeching
Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*



Psalm 19

In times of trouble, may the LORD answer your cry. May the name of the God of Jacob keep you safe from all harm. May he send you help from his sanctuary and strengthen you from Jerusalem. May he remember all your gifts and look favorably on your burnt offerings. May he grant your heart's desires and make all your plans succeed. May we shout for joy when we hear of your victory and raise a victory banner in the name of our God. May the LORD answer all your prayers. Now I know that the LORD rescues his anointed king. He will answer him from his holy heaven and rescue him by his great power. Some nations boast of their chariots and horses, but we boast in the name of the LORD our God. Those nations will fall down and collapse, but we will rise up and stand firm. Give victory to our king, O LORD! Answer our cry for help. **Alleluia.**

Psalm 22

The LORD is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside

peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name. Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever. **Alleluia**

Psalm 23

The earth is the Lord's, and everything in it. The world and all its people belong to him. For he laid the earth's foundation on the seas and built it on the ocean depths. Who may climb the mountain of the LORD? Who may stand in his holy place? Only those whose hands and hearts are pure, who do not worship idols and never tell lies. They will receive the Lord's blessing and have a right relationship with God their savior. Such people may seek you and worship in your presence, O God of Jacob. Open up, ancient gates! Open up, ancient doors, and let the King of glory enter. Who is the King of glory? The LORD, strong and mighty; the LORD, invincible in

battle. Open up, ancient gates! Open up, ancient doors, and let the King of glory enter. Who is the King of glory? The LORD of Heaven's Armies— he is the King of glory. **Alleluia**

Psalm 25

Declare me innocent, O LORD, for I have acted with integrity; I have trusted in the LORD without wavering. Put me on trial, LORD, and cross-examine me. Test my motives and my heart. For I am always aware of your unfailing love, and I have lived according to your truth. I do not spend time with liars or go along with hypocrites. I hate the gatherings of those who do evil, and I refuse to join in with the wicked. I wash my hands to declare my innocence. I come to your altar, O LORD, singing a song of thanksgiving and telling of all your wonders. I love your sanctuary, LORD, the place where your glorious presence dwells. Don't let me suffer the fate of sinners. Don't condemn me along with murderers. Their hands are dirty with evil schemes, and they constantly take bribes. But I am not like that; I live with integrity. So redeem me and show me mercy. Now I stand on solid ground, and I will publicly praise the LORD. **Alleluia.**

Psalm 28

Honor the LORD, you heavenly beings; honor the LORD for his glory and strength. Honor the LORD for the glory of his name. Worship the LORD in the splendor of his holiness. The voice of the LORD echoes above the sea. The God of glory thunders. The LORD thunders over the mighty sea. The voice of the LORD is powerful; the voice of the LORD is majestic. The voice of the LORD splits the mighty cedars; the LORD shatters the cedars of Lebanon. He makes Lebanon's mountains skip like a calf; he makes Mount Hermon leap like a young wild ox. The voice of the LORD strikes with bolts of lightning. The voice of the LORD makes the barren wilderness quake; the LORD shakes the wilderness of Kadesh. The voice of the LORD twists mighty oaks and strips the forests bare. In his Temple everyone shouts, "Glory!" The LORD rules over the floodwaters. The LORD reigns as king forever. The LORD gives his people strength. The LORD blesses them with peace. **Alleluia.**

Psalm 29

I will exalt you, LORD, for you rescued me. You refused to let my enemies triumph over me. O LORD my God, I cried to you for help, and you restored my health. You brought me up from the grave, O LORD. You kept me from falling into the pit of death. Sing to the LORD, all you godly ones! Praise his holy name. For his anger lasts only a moment, but his favor lasts a lifetime! Weeping may last through the night, but joy comes with the morning. When I was prosperous, I said, "Nothing can stop me now!" Your favor, O LORD, made me as secure as a mountain. Then you turned away from me, and I was shattered. I cried out to you, O LORD. I begged the Lord for mercy, saying, "What will you gain if I die, if I sink into the grave? Can my dust praise you? Can it tell of your faithfulness? Hear me, LORD, and have mercy on me. Help me, O LORD." You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy, that I might sing praises to you and not be silent. O LORD my God, I will give you thanks forever!
Alleluia

Psalm 33

I will praise the LORD at all times. I will constantly speak his praises. I will boast only in the LORD; let all who are helpless take heart. Come, let us tell of the Lord's greatness; let us exalt his name together. I prayed to the LORD, and he answered me. He freed me from all my fears. Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. In my desperation I prayed, and the LORD listened; he saved me from all my troubles. For the angel of the LORD is a guard; he surrounds and defends all who fear him. Taste and see that the LORD is good. Oh, the joys of those who take refuge in him! Fear the LORD, you his godly people, for those who fear him will have all they need. Even strong young lions sometimes go hungry, but those who trust in the LORD will lack no good thing. Come, my children, and listen to me, and I will teach you to fear the LORD. Does anyone want to live a life that is long and prosperous? Then keep your tongue from speaking evil and your lips from telling lies! Turn away from evil and do good. Search for peace, and work to maintain it. The eyes of the LORD watch over those who do right; his ears are open to their cries for help. But the LORD turns his

face against those who do evil; he will erase their memory from the earth. The LORD hears his people when they call to him for help. He rescues them from all their troubles. The LORD is close to the broken-hearted; he rescues those whose spirits are crushed. The righteous person faces many troubles, but the LORD comes to the rescue each time. For the LORD protects the bones of the righteous; not one of them is broken! Calamity will surely overtake the wicked, and those who hate the righteous will be punished. But the LORD will redeem those who serve him. No one who takes refuge in him will be condemned. **Alleluia**

Psalm 40

Oh, the joys of those who are kind to the poor! The LORD rescues them when they are in trouble. The LORD protects them and keeps them alive. He gives them prosperity in the land and rescues them from their enemies. The LORD nurses them when they are sick and restores them to health. "O LORD," I prayed, "have mercy on me. Heal me, for I have sinned against you." But my enemies say nothing but evil about me. "How soon will he die and be forgotten?" they ask. They visit me as if they were my friends, but all the while they gather gossip, and

when they leave, they spread it everywhere. All who hate me whisper about me, imagining the worst. "He has some fatal disease," they say. "He will never get out of that bed!" Even my best friend, the one I trusted completely, the one who shared my food, has turned against me. LORD, have mercy on me. Make me well again, so I can pay them back! I know you are pleased with me, for you have not let my enemies triumph over me. You have preserved my life because I am innocent; you have brought me into your presence forever. Praise the LORD, the God of Israel, who lives from everlasting to everlasting. Amen and amen! **Alleluia**

Psalm 42

Declare me innocent, O God! Defend me against these ungodly people. Rescue me from these unjust liars. For you are God, my only safe haven. Why have you tossed me aside? Why must I wander around in grief, oppressed by my enemies? Send out your light and your truth; let them guide me. Let them lead me to your holy mountain, to the place where you live. There I will go to the altar of God, to God—the source of all my joy. I will praise you with my harp, O God, my God! Why am I discouraged?

Why is my heart so sad? I will put my hope in God! I will praise him again— my Savior and my God!
Alleluia

Psalm 44

Beautiful words stir my heart. I will recite a lovely poem about the king, for my tongue is like the pen of a skillful poet. You are the most handsome of all. Gracious words stream from your lips. God himself has blessed you forever. Put on your sword, O mighty warrior! You are so glorious, so majestic! In your majesty, ride out to victory, defending truth, humility, and justice. Go forth to perform awe-inspiring deeds! Your arrows are sharp, piercing your enemies' hearts. The nations fall beneath your feet. Your throne, O God, endures forever and ever. You rule with a scepter of justice. You love justice and hate evil. Therefore God, your God, has anointed you, pouring out the oil of joy on you more than on anyone else. Myrrh, aloes, and cassia perfume your robes. In ivory palaces the music of strings entertains you. Kings' daughters are among your noble women. At your right side stands the queen, wearing jewelry of finest gold from Ophir! Listen to me, O royal daughter; take to heart what I say. Forget your people and your family far away. For your royal husband delights in your beauty; honor him, for he is your lord. The princess of Tyre

will shower you with gifts. The wealthy will beg your favor. The bride, a princess, looks glorious in her golden gown. In her beautiful robes, she is led to the king, accompanied by her bridesmaids. What a joyful and enthusiastic procession as they enter the king's palace! Your sons will become kings like their father. You will make them rulers over many lands. I will bring honor to your name in every generation. Therefore, the nations will praise you forever and ever. **Alleluia**

Psalm 45

God is our refuge and strength, always ready to help in times of trouble. So we will not fear when earthquakes come and the mountains crumble into the sea. Let the oceans roar and foam. Let the mountains tremble as the waters surge! A river brings joy to the city of our God, the sacred home of the Most High. God dwells in that city; it cannot be destroyed. From the very break of day, God will protect it. The nations are in chaos, and their kingdoms crumble! God's voice thunders, and the earth melts! The LORD of Heaven's Armies is here among us; the God of Israel is our fortress. Come, see the glorious works of the LORD: See how he brings destruction upon the world. He causes wars to end throughout the earth. He breaks the bow and snaps the spear; he burns the shields with fire. "Be still, and

know that I am God! I will be honored by every nation. I will be honored throughout the world." The LORD of Heaven's Armies is here among us; the God of Israel is our fortress. **Alleluia.**

Psalm 46

Come, everyone! Clap your hands! Shout to God with joyful praise! For the LORD Most High is awesome. He is the great King of all the earth. He subdues the nations before us, putting our enemies beneath our feet. He chose the Promised Land as our inheritance, the proud possession of Jacob's descendants, whom he loves. God has ascended with a mighty shout. The LORD has ascended with trumpets blaring. Sing praises to God, sing praises; sing praises to our King, sing praises! For God is the King over all the earth. Praise him with a psalm. God reigns above the nations, sitting on his holy throne. The rulers of the world have gathered together with the people of the God of Abraham. For all the kings of the earth belong to God. He is highly honored everywhere. **Alleluia.**



Holy, Holy, Holy. A passage from the Gospel according to Saint John, may his blessings be with us all. Amen.

John.14: 26-15:4

But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. You have heard Me say to you, 'I am going away and coming back to you.' If you loved Me, you would rejoice because I said, 'I am going to the Father,' for My Father is greater than I. "And now I have told you before it comes, that when it does come to pass, you may believe. I will no longer talk much with you, for the ruler of this world is coming, and he has nothing in Me. But that the world may know that I love the Father, and as the Father gave Me commandment, so I do. Arise, let us go from here. "I am the true vine, and My Father is the vinedresser.

Every branch in Me that does not bear fruit He takes away; and every branch that bears fruit He prunes, that it may bear more fruit. You are already clean because of the word which I have spoken to you. Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.

Glory be to God Forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

Your Holy Spirit, O Lord, which You sent forth upon Your holy Disciples, and Your honourable Apostles at the third hour, take Him not away from us, O Good-One, but renew Him within us. Create in me a clean heart, O God and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me.

"Doksa Patri ke Eiyoun-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

O Lord, Who at the third hour, sent down Your Holy Spirit upon Your Holy Disciples and honourable Apostles, take Him not away from us, O Good-One, but renew Him within us. We beseech You, O our Lord Jesus Christ, the Word, and Son of God. Renew within us a righteous and life-giving Spirit, a Spirit of prophecy and chastity, a Spirit of sanctification, righteousness and authority. O Pantocrator; for You are the Light of our souls, O You who enlightens every man that comes into the world and have mercy on us.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O Mother of God (*Theokotos*), you are the true vine, bearing the Fruit of Life, we ask you, O full of grace, together with the apostles, to pray for the salvation of our souls. Blessed be the Lord our God. Blessed be the Lord day by day. He prepares our way, for He is the God of our salvation.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O Heavenly King, and Comforter, the Spirit of Truth, Who is in every place, and fills all, You who are the Treasure of goodness, and Giver of life, graciously come and dwell in us, purge away all stain, O Good-One, and save our souls.

“Doksa Patri ke Eiyou-ke Agi-you Pnevmaty” (Glory be to the Father, and to the Son, and to the Holy Spirit.)

Just as you were with Your Disciples, O Saviour, and gave them peace, graciously come also and be with us, grant us Your peace, save us, and deliver our souls.

“Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen.” (Both now and forever and unto the age of all ages, Amen.)

Whenever we stand in Your Holy sanctuary, we are considered as those standing in Heaven. You who are the gate of heaven O Mother of God (*Theotokos*), open unto us the door of mercy.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times

HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaouth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven.....

ABSOLUTION

O God of all compassion, and Lord of all comfort, Who has comforted us at all times with the comfort of Your Holy Spirit, we thank You, for You have raised us up to pray in this holy hour wherein You poured forth the grace of Your Holy Spirit in abundance upon Your Holy disciples and honourable, and blessed Apostles, like tongues of fire. We pray and entreat You, O Lover of mankind, receive our prayer, forgive us our sins, and send down upon us the grace of Your Holy Spirit. Purify us from the defilement of the body and spirit, and transfer us into a spiritual manner of life, that we may walk in the Spirit; and not fulfill the lust of the flesh. Make us worthy to serve You with purity and righteousness all the days of our life. For unto You is due all glory, honour, and dominion, with Your Good Father, and the Holy Spirit, both now and forever and unto the age of all ages. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE SIXTH HOUR

(SEXT)

12 P.M (NOON)
COMMEMORATES THE
CRUCIFIXION OF JESUS CHRIST
John 19:14-18 & Acts 10:9

Prayer of the Sixth Hour (Sext)

The worshipper prays the INTRODUCTION OF EVERY HOUR which includes:

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

The prayer of the Sixth Hour of this blessed day, we offer to Christ our King and our God, beseeching Him to forgive us our sins.

From the Psalms of our father David, the prophet and the king, may his blessings be with us all. Amen.



Psalm 53

Come with great power, O God, and rescue me! Defend me with your might. Listen to my prayer, O God. Pay attention to my plea. For strangers are attacking me; violent people are trying to kill me. They care nothing for God. But God is my helper. The Lord keeps me alive! May the evil plans of my enemies be turned against them. Do as you promised and put an end to them. I will sacrifice a voluntary offering to you; I will praise your name, O LORD, for it is good. For you have rescued me from my troubles and helped me to triumph over my enemies. **Alleluia.**

Psalm 56

Have mercy on me, O God, have mercy! I look to you for protection. I will hide beneath the shadow of your wings until the danger passes by. I cry out to God Most High, to God who will fulfill his purpose for me. He will send help from heaven to rescue me, disgracing those who hound me. My God will send forth his unfailing love and faithfulness. I am surrounded by fierce lions who greedily devour human prey – whose teeth pierce like spears and

Psalm 60

arrows, and whose tongues cut like swords. Be exalted, O God, above the highest heavens! May your glory shine over all the earth. My enemies have set a trap for me. I am weary from distress. They have dug a deep pit in my path, but they themselves have fallen into it. My heart is confident in you, O God; my heart is confident. No wonder I can sing your praises! Wake up, my heart! Wake up, O lyre and harp! I will wake the dawn with my song. I will thank you, Lord, among all the people. I will sing your praises among the nations. For your unfailing love is as high as the heavens. Your faithfulness reaches to the clouds. Be exalted, O God, above the highest heavens. May your glory shine over all the earth. **Alleluia.**

O God, listen to my cry! Hear my prayer! From the ends of the earth, I cry to you for help when my heart is overwhelmed. Lead me to the towering rock of safety, for you are my safe refuge, a fortress where my enemies cannot reach me. Let me live forever in your sanctuary, safe beneath the shelter of your wings! For you have heard my vows, O God. You have given me an inheritance reserved for those who fear your name. Add many years to the life of the king! May his years span the generations! May he

reign under God's protection forever. May your unfailing love and faithfulness watch over him. Then I will sing praises to your name forever as I fulfill my vows each day. **Alleluia.**

Psalm 62

O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. I have seen you in your sanctuary and gazed upon your power and glory. Your unfailing love is better than life itself; how I praise you! I will praise you as long as I live, lifting up my hands to you in prayer. You satisfy me more than the richest feast. I will praise you with songs of joy. I lie awake thinking of you, meditating on you through the night. Because you are my helper, I sing for joy in the shadow of your wings. I cling to you; your strong right hand holds me securely. But those plotting to destroy me will come to ruin. They will go down into the depths of the earth. They will die by the sword and become the food of jackals. But the king will rejoice in God. All who trust in him will praise him, while liars will be silenced. **Alleluia.**

Psalm 66

May God be merciful and bless us. May his face smile with favor on us. May your ways be known throughout the earth, your saving power among people everywhere. May the nations praise you, O God. Yes, may all the nations praise you. Let the whole world sing for joy, because you govern the nations with justice and guide the people of the whole world. May the nations praise you, O God. Yes, may all the nations praise you. Then the earth will yield its harvests, and God, our God, will richly bless us. Yes, God will bless us, and people all over the world will fear him. **Alleluia.**

Psalm 69

Please, God, rescue me! Come quickly, LORD, and help me. May those who try to kill me be humiliated and put to shame. May those who take delight in my trouble be turned back in disgrace. Let them be horrified by their shame, for they said, "Aha! We've got him now!" But may all who search for you be filled with joy and gladness in you. May those who love your salvation repeatedly shout, "God is great!" But as for me, I am poor and needy; please hurry to my aid, O God. You are my helper and my savior; O LORD, do not delay. **Alleluia.**

Psalm 83

How lovely is your dwelling place, O LORD of Heaven's Armies. I long, yes, I faint with longing to enter the courts of the LORD. With my whole being, body and soul, I will shout joyfully to the living God. Even the sparrow finds a home, and the swallow builds her nest and raises her young at a place near your altar, O LORD of Heaven's Armies, my King and my God! What joy for those who can live in your house, always singing your praises. What joy for those whose strength comes from the LORD, who have set their minds on a pilgrimage to Jerusalem. When they walk through the Valley of Weeping, it will become a place of refreshing springs. The autumn rains will clothe it with blessings. They will continue to grow stronger, and each of them will appear before God in Jerusalem. O LORD God of Heaven's Armies, hear my prayer. Listen, O God of Jacob. O God, look with favor upon the king, our shield! Show favor to the one you have anointed. A single day in your courts is better than a thousand anywhere else! I would rather be a gatekeeper in the house of my God than live the good life in the homes of the wicked. For the LORD God is our sun and our shield. He gives us grace and glory. The LORD will withhold no good thing from those who do what is

Psalm 84

right. O LORD of Heaven's Armies, what joy for those who trust in you. **Alleluia.**

LORD, you poured out blessings on your land! You restored the fortunes of Israel. You forgave the guilt of your people — yes, you covered all their sins. You held back your fury. You kept back your blazing anger. Now restore us again, O God of our salvation. Put aside your anger against us once more. Will you be angry with us always? Will you prolong your wrath to all generations? Won't you revive us again, so your people can rejoice in you? Show us your unfailing love, O LORD, and grant us your salvation. I listen carefully to what God the LORD is saying, for he speaks peace to his faithful people. But let them not return to their foolish ways. Surely his salvation is near to those who fear him, so our land will be filled with his glory. Unfailing love and truth have met together. Righteousness and peace have kissed! Truth springs up from the earth, and righteousness smiles down from heaven. Yes, the LORD pours down his blessings. Our land will yield its bountiful harvest. Righteousness goes as a herald before him, preparing the way for his steps. **Alleluia.**

Psalm 85

Bend down, O LORD, and hear my prayer; answer me, for I need your help. Protect me, for I am devoted to you. Save me, for I serve you and trust you. You are my God. Be merciful to me, O Lord, for I am calling on you constantly. Give me happiness, O Lord, for I give myself to you. O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help. Listen closely to my prayer, O LORD; hear my urgent cry. I will call to you whenever I'm in trouble, and you will answer me. No pagan god is like you, O Lord. None can do what you do! All the nations you made will come and bow before you, Lord; they will praise your holy name. For you are great and perform wonderful deeds. You alone are God. Teach me your ways, O LORD, that I may live according to your truth! Grant me purity of heart, so that I may honor you. With all my heart I will praise you, O Lord my God. I will give glory to your name forever, for your love for me is very great. You have rescued me from the depths of death. O God, insolent people rise up against me; a violent gang is trying to kill me. You mean nothing to them. But you, O Lord, are a God of compassion and mercy, slow to get angry and filled with

unfailing love and faithfulness. Look down and have mercy on me. Give your strength to your servant; save me, the son of your servant. Send me a sign of your favor. Then those who hate me will be put to shame, for you, O LORD, help and comfort me. **Alleluia.**

Psalm 86

On the holy mountain stands the city founded by the LORD. He loves the city of Jerusalem more than any other city in Israel. O city of God, what glorious things are said of you! I will count Egypt and Babylon among those who know me— also Philistia and Tyre, and even distant Ethiopia. They have all become citizens of Jerusalem! Regarding Jerusalem it will be said, "Everyone enjoys the rights of citizenship there." And the Most High will personally bless this city. When the LORD registers the nations, he will say, "They have all become citizens of Jerusalem." The people will play flutes and sing, "The source of my life springs from Jerusalem!" **Alleluia.**

Psalm 90

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare about the LORD: He alone is my refuge, my place of safety; he is my God, and I trust him. For he will rescue you from every trap and protect you from deadly disease. He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. Do not be afraid of the terrors of the night, nor the arrow that flies in the day. Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday. Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you. Just open your eyes, and see how the wicked are punished. If you make the LORD your refuge, if you make the Most High your shelter, no evil will conquer you; no plague will come near your home. For he will order his angels to protect you wherever you go. They will hold you up with their hands so you won't even hurt your foot on a stone. You will trample upon lions and cobras; you will crush fierce lions and serpents under your feet! The LORD says, , "I will rescue those who love me. I will protect those who trust in my name. When they call on me, I will answer; I will be with them in trouble.

I will rescue and honor them. I will reward them with a long life and give them my salvation." **Alleluia.**

Psalm 92

The LORD is king! He is robed in majesty. Indeed, the LORD is robed in majesty and armed with strength. The world stands firm and cannot be shaken. Your throne, O LORD, has stood from time immemorial. You yourself are from the everlasting past. The floods have risen up, O LORD. The floods have roared like thunder; the floods have lifted their pounding waves. But mightier than the violent raging of the seas, mightier than the breakers on the shore — the LORD above is mightier than these! Your royal laws cannot be changed. Your reign, O LORD, is holy forever and ever. **Alleluia.**



*Holy, Holy, Holy. A passage from the Gospel
according to Saint Matthew, may his blessings be
with us all. Amen.*

Matthew 5:1-16

And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying: "Blessed are the poor in spirit, For theirs is the kingdom of heaven. Blessed are those who mourn, For they shall be comforted. Blessed are the meek, For they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, For they shall be filled. Blessed are the merciful, For they shall obtain mercy. Blessed are the pure in heart, For they shall see God. Blessed are the peacemakers, For they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven. "Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven,

for so they persecuted the prophets who were before you. "You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men. "You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

Glory be to God forever. Amen.

*We worship You O Christ together with Your
Good Father and the Holy Spirit, for You have come
and saved us.*



THE LITANIES:

O You, who in the sixth day, and at the sixth hour, was nailed to the Cross, for the sin which our father Adam dared to commit in Paradise, take the handwriting of our sins, O Christ our God, and deliver us. Unto God have I cried, and the Lord has heard me. O God, hear my prayer and turn not away Your face from my supplication. Attend unto me and hear me, at evening, and at morning and at noon. I will I say my words; and He will hear my voice, and save my soul in peace.

“Doksa Patri ke Eiyou-ke Agi-you Pnevmaty” (Glory be to the Father, and to the Son, and to the Holy Spirit.)

O Jesus Christ, our God, Who was nailed to the Cross at the sixth hour, and has slain sin by the Tree, and by Your death, You have given life to the dead, which is man, whom You have created with Your own hands, and who was dead in sin. Slay our sufferings by Your healing and life-giving passion and by the nails with which You were nailed; deliver our minds from the recklessness of earthly deeds and worldly desires, to the remembrance of Your heavenly judgments, according to Your compassion.

“Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen.” (Both now and forever and unto the age of all ages, Amen.)

For as much as we have no excuse, or favor because of the multitude of our sins, we, through You, implore to Him who was born of you, O Virgin, Mother of God (*Theotokos*); for abundant is Your intercession, strong and acceptable with our Saviour. O Holy Mother, do not exclude us sinners from Your intercession with Him whom You gave birth. For He is merciful and able to save us, because He suffered, to deliver us. Let Your compassion speedily reach us, for we are exceedingly humbled. Help us, O God, our Saviour, for the glory of Your Name. O Lord deliver us and forgive our sins for the sake of Your Holy Name.

“Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen.” (Both now and forever and unto the age of all ages, Amen.)

You wrought salvation in the midst of all the earth, O Christ our God, as You stretched Your holy hands on the Cross. Therefore, all nations cry out, saying: “Glory be to You, O Lord”.

“Doksa Patri ke Eiyou-ke Agi-you Pnevmaty” (Glory be to the Father, and to the Son, and to the Holy Spirit.)

We worship Your incorruptible Person, O Good-One, asking for the forgiveness of our sins, O Christ our God. For of Your own good will, You were pleased to be lifted up on the cross, to deliver those whom You have created from the bondage of the enemy. We cry out, and give thanks unto You, for You have filled all with joy, O Saviour, when You came to help the world, Lord, glory be to You.

“Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen.”(Both now and forever and unto the age of all ages, Amen.)

You are full of Grace, O Virgin Mother of God (*Theotokos*). We magnify you, for through the Cross of Your Son, Hades has fallen and death has been abolished. We were dead, but now we are raised up and made worthy of eternal life, and obtained the joy of the first Paradise. Therefore, with thanksgiving we glorify Him, the Immortal Christ Our God.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times

HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaoth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

We give thanks unto You, O our King the Pantocrator, Father of our Lord, God and Saviour Jesus Christ, and we glorify You, for You have made the hours of suffering of Your Only-begotten Son to be times of comfort and prayer. Receive our supplications and blot out the handwriting of our sins that is written against us. Just as You tore it in this holy hour, by the cross of Your Only-Begotten Son, Jesus Christ, our Lord, the Saviour of our souls, by whom You have destroyed all the power of the enemy. Grant us, O God, a glorious time, a spotless conduct and a peaceful life, that we may please Your Holy and worshipped Name; and that, without falling into condemnation, we may stand before the fearful and just throne of Your Only-Begotten Son Jesus Christ our Lord, and that we, together with all Your saints, glorify You, Father, who is without beginning, with the Son who is consubstantial with You, and the Holy Spirit, the Giver of Life, both now and forever, and unto the age of all ages. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE NINTH HOUR

(NONE)

3 P.M

COMMEMORATES THE REDEPTIVE
DEATH OF CHRIST IN THE FLESH ON THE CROSS
THE ACCEPTANCE OF THE THIEF ON THE CROSS

Matt. 27:46, 50 & Acts 3:1

Prayer of the Ninth Hour (None)

The worshipper prays the **INTRODUCTION OF EVERY HOUR** *which includes:*

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

*The prayer of the Ninth Hour of this blessed day,
we offer to Christ our King and our God, beseeching
Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*



Psalm 95

Sing a new song to the LORD! Let the whole earth sing to the LORD! Sing to the LORD; praise his name. Each day proclaim the good news that he saves. Publish his glorious deeds among the nations. Tell everyone about the amazing things he does. Great is the LORD! He is most worthy of praise! He is to be feared above all gods. The gods of other nations are mere idols, but the LORD made the heavens! Honor and majesty surround him; strength and beauty fill his sanctuary. O nations of the world, recognize the LORD; recognize that the LORD is glorious and strong. Give to the LORD the glory he deserves! Bring your offering and come into his courts. Worship the LORD in all his holy splendor. Let all the earth tremble before him. Tell all the nations, "The LORD reigns!" The world stands firm and cannot be shaken. He will judge all peoples fairly. Let the heavens be glad, and the earth rejoice! Let the sea and everything in it shout his praise! Let the fields and their crops burst out with joy! Let the trees of the forest rustle with praise before the LORD, for he is coming! He is coming to judge the earth. He will judge the world with justice, and the nations with his truth. **Alleluia.**

Psalm 96

The LORD is king! Let the earth rejoice! Let the farthest coastlands be glad. Dark clouds surround him. Righteousness and justice are the foundation of his throne. Fire spreads ahead of him and burns up all his foes. His lightning flashes out across the world. The earth sees and trembles. The mountains melt like wax before the LORD, before the Lord of all the earth. The heavens proclaim his righteousness; every nation sees his glory. Those who worship idols are disgraced— all who brag about their worthless gods— for every god must bow to him. Jerusalem has heard and rejoiced, and all the towns of Judah are glad because of your justice, O LORD! For you, O LORD, are supreme over all the earth; you are exalted far above all gods. You who love the LORD, hate evil! He protects the lives of his godly people and rescues them from the power of the wicked. Light shines on the godly, and joy on those whose hearts are right. May all who are godly rejoice in the LORD and praise his holy name! **Alleluia.**

Psalm 97

Sing a new song to the LORD, for he has done wonderful deeds. His right hand has won a mighty victory; his holy arm has shown his saving power! The LORD has announced his victory and has revealed his righteousness to every nation! He has remembered his promise to love and be faithful to Israel. The ends of the earth have seen the victory of our God. Shout to the LORD, all the earth; break out in praise and sing for joy! Sing your praise to the LORD with the harp, with the harp and melodious song, with trumpets and the sound of the ram's horn. Make a joyful symphony before the LORD, the King! Let the sea and everything in it shout his praise! Let the earth and all living things join in. Let the rivers clap their hands in glee! Let the hills sing out their songs of joy before the LORD. For the LORD is coming to judge the earth. He will judge the world with justice, and the nations with fairness. **Alleluia.**

Psalm 98

The LORD is king! Let the nations tremble! He sits on his throne between the cherubim. Let the whole earth quake! The LORD sits in majesty in Jerusalem, exalted above all the nations. Let them praise your great and awesome name. Your name is holy!

Mighty King, lover of justice, you have established fairness. You have acted with justice and righteousness throughout Israel. Exalt the LORD our God! Bow low before his feet, for he is holy! Moses and Aaron were among his priests; Samuel also called on his name. They cried to the LORD for help, and he answered them. He spoke to Israel from the pillar of cloud, and they followed the laws and decrees he gave them. O LORD our God, you answered them. You were a forgiving God to them, but you punished them when they went wrong. Exalt the LORD our God, and worship at his holy mountain in Jerusalem, for the LORD our God is holy! **Alleluia.**

Psalm 99

Shout with joy to the LORD, all the earth! Worship the LORD with gladness. Come before him, singing with joy. Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation. **Alleluia.**

Psalm 100

I will sing of your love and justice, LORD. I will praise you with songs. I will be careful to live a blameless life— when will you come to help me? I will lead a life of integrity in my own home. I will refuse to look at anything vile and vulgar. I hate all who deal crookedly; I will have nothing to do with them. I will reject perverse ideas and stay away from every evil. I will not tolerate people who slander their neighbors. I will not endure conceit and pride. I will search for faithful people to be my companions. Only those who are above reproach will be allowed to serve me. I will not allow deceivers to serve in my house, and liars will not stay in my presence. My daily task will be to ferret out the wicked and free the city of the LORD from their grip. **Alleluia.**

Psalm 109

The LORD said to my Lord, "Sit in the place of honor at my right hand until I humble your enemies, making them a footstool under your feet." The LORD will extend your powerful kingdom from Jerusalem; you will rule over your enemies. When you go to war, your people will serve you willingly. You are arrayed in holy garments, and your strength will be renewed each day like the morning dew. The LORD has taken an oath and will not break his vow: "You

are a priest forever in the order of Melchizedek." The Lord stands at your right hand to protect you. He will strike down many kings when his anger erupts. He will punish the nations and fill their lands with corpses; he will shatter heads over the whole earth. But he himself will be refreshed from brooks along the way. He will be victorious. **Alleluia.**

Psalm 110

Praise the LORD! I will thank the LORD with all my heart as I meet with his godly people. How amazing are the deeds of the LORD! All who delight in him should ponder them. Everything he does reveals his glory and majesty. His righteousness never fails. He causes us to remember his wonderful works. How gracious and merciful is our LORD! He gives food to those who fear him; he always remembers his covenant. He has shown his great power to his people by giving them the lands of other nations. All he does is just and good, and all his commandments are trustworthy. They are forever true, to be obeyed faithfully and with integrity. He has paid a full ransom for his people. He has guaranteed his covenant with them forever. What a holy, awe-inspiring name he has! Fear of the LORD is the foundation of true wisdom. All who obey his

commandments will grow in wisdom. Praise him forever! **Alleluia.**

Psalm 111

Praise the LORD! How joyful are those who fear the LORD and delight in obeying his commands. Their children will be successful everywhere; an entire generation of godly people will be blessed. They themselves will be wealthy, and their good deeds will last forever. Light shines in the darkness for the godly. They are generous, compassionate, and righteous. Good comes to those who lend money generously and conduct their business fairly. Such people will not be overcome by evil. Those who are righteous will be long remembered. They do not fear bad news; they confidently trust the LORD to care for them. They are confident and fearless and can face their foes triumphantly. They share freely and give generously to those in need. Their good deeds will be remembered forever. They will have influence and honor. The wicked will see this and be infuriated. They will grind their teeth in anger; they will slink away, their hopes thwarted. **Alleluia.**

Psalm 112

Praise the LORD! Yes, give praise, O servants of the LORD. Praise the name of the LORD! Blessed be the name of the LORD now and forever. Everywhere—from east to west—praise the name of the LORD. For the LORD is high above the nations; his glory is higher than the heavens. Who can be compared with the LORD our God, who is enthroned on high? He stoops to look down on heaven and on earth. He lifts the poor from the dust and the needy from the garbage dump. He sets them among princes, even the princes of his own people! He gives the childless woman a family, making her a happy mother. **Alleluia.**

Psalm 114

I love the LORD because he hears my voice and my prayer for mercy. Because he bends down to listen, I will pray as long as I have breath! Death wrapped its ropes around me; the terrors of the grave overtook me. I saw only trouble and sorrow. Then I called on the name of the LORD: "Please, LORD, save me!" How kind the LORD is! How good he is! So merciful, this God of ours! The LORD protects those of childlike faith; I was facing death, and he saved me. Let my soul be at rest again, for the LORD has

been good to me. He has saved me from death, my eyes from tears, my feet from stumbling. And so I walk in the Lord's presence as I live here on earth! Alleluia.

Psalm 115

I believed in you, so I said, "I am deeply troubled, LORD." In my anxiety I cried out to you, "These people are all liars!" What can I offer the LORD for all he has done for me? I will lift up the cup of salvation and praise the Lord's name for saving me. I will keep my promises to the LORD in the presence of all his people. The LORD cares deeply when his loved ones die. O LORD, I am your servant; yes, I am your servant, born into your household; you have freed me from my chains. I will offer you a sacrifice of thanksgiving and call on the name of the LORD. I will fulfill my vows to the LORD in the presence of all his people— in the house of the LORD in the heart of Jerusalem. Alleluia.



Holy, Holy, Holy. A passage from the Gospel according to Saint Luke. May his blessings be with us all. Amen.

Luke 9:10-17

And the apostles, when they had returned, told Him all that they had done. Then He took them and went aside privately into a deserted place belonging to the city called Bethsaida. But when the multitudes knew it, they followed Him; and He received them and spoke to them about the kingdom of God, and healed those who had need of healing. When the day began to wear away, the twelve came and said to Him, "Send the multitude away, that they may go into the surrounding towns and country, and lodge and get provisions; for we are in a deserted place here." But He said to them, "You give them something to eat." And they said, "We have no more than five loaves and two fish, unless we go and buy food for all these people." For there were about five thousand men. Then He said to His disciples, "Make them sit down in groups of fifty." And they did so, and made them all sit down.

Then He took the five loaves and the two fish, and looking up to heaven, He blessed and broke them, and gave them to the disciples to set before the multitude. So they all ate and were filled, and twelve baskets of the leftover fragments were taken up by them.

Glory be to God forever. Amen.

We worship You O' Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

O You, who tasted death in the flesh in the ninth hour, for the sake of us sinners. O Saviour, put to death our carnal lusts, O Christ, our God, and deliver us. Let my supplication draw close before You, O Lord; according to Your Word give me understanding. Let my petition come before Your presence; according to Your word revive me.

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

O You, Who commanded Your spirit into the hands of the Father, after being hung on the wood of the cross at the ninth hour. You guided the thief who was crucified with You to join You in Paradise; do not neglect me, O Good-One, nor reject me, I, the lost one, but sanctify my soul and enlighten my understanding. Allow me to be a partaker of the grace of Your Life-Giving Mysteries, that when I taste of Your Goodness I may offer praise without ceasing, longing for Your light above all things, O Christ our Lord, and deliver us.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O You, Who for our sake was born of the Virgin, and endured crucifixion, O Good-one, and abolished death by Your death, and revealed the resurrection; do not turn Your face, O God, from those whom You have created with Your own hands; but show forth Your love for mankind, O Good-One. Accept the intercession of Your Mother on our behalf, and save, O Saviour, Your humble people. Do not abandon us unto the end, and do not forsake us forever. Do not break Your covenant, and take not Your mercy from

us, for the sake of Abraham Your beloved, Isaac Your servant, and Israel Your holy one.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

When the thief saw the Author of Life hanging upon the Cross, He spoke saying: "If He Who is crucified with us were not the Incarnate God, the sun would not have hidden its rays, neither would the earth have quaked in fear. But, O Almighty One, who endures all things, remember me, O Lord, when You come into Your kingdom."

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

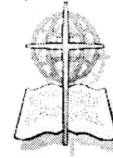
O You, Who accepted the confession of the thief upon the Cross, accept us also unto Yourself, O Good-One, we who deserve the sentence of death because of our sins. With the thief we acknowledge our sins, confessing Your Divinity, crying out and saying: "Remember us, O Lord, when You come into Your Kingdom".

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

When the Mother saw the Lamb, the Shepherd, the Saviour of the world, hanging upon the cross, she said weeping: "The world rejoices in that it has received salvation, while my heart burns as I look at Your crucifixion, which You are enduring for the sake of all, O my son and my God."

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaoth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

O God, the Father of our Lord, God, and Saviour, Jesus Christ, who by His manifestation has saved us and delivered us from the bondage of the enemy; we beseech You in His blessed and great Name, turn our minds from worldly cares and carnal lusts, into the remembrance of Your heavenly judgements. Fulfill in us Your love for mankind, O Good-One.

May our prayers at all times and this prayer of the Ninth Hour be acceptable before You. Grant us to walk worthy of the calling with which we were called, that when we depart from this world, we may be counted with the true worshippers, worthy of the sufferings of Your Only-begotten Son, Jesus Christ, Our Lord, and may obtain mercy and forgiveness of our sins, and salvation with the choir of the saints who have truly pleased You since the beginning and unto the end.

O God, abolish all the power of the adversary and all his evil armies, as Your Only-begotten Son has trampled on them by the power of His Life-giving Cross. Accept us unto You, O our Lord Jesus Christ, as You have accepted the right-hand thief on the Cross. Shed Your light on us as You have

enlightened those who were in the darkness of Hades, and restore us all to the paradise of joy, for You are, O our Master, a blessed God, and unto You is due, with Your good Father and the Holy Spirit, glory, honour, majesty, dominion and worship, forever and ever. Amen.



THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE ELEVENTH HOUR (VESPERS)

5 P.M.
COMMEMORATES THE DESCENDING
OF CHRIST FROM THE CROSS
Matt. 27:57 & Ps. 141:2

Prayer of the Eleventh Hour (Vespers)

*The worshipper prays the INTRODUCTION OF
EVERY HOUR which includes:*

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

*The prayer of the Eleventh Hour of this blessed
day, we offer to Christ our King and our God,
beseeching Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*



Psalm 116

Praise the Lord, all you nations. Praise him, all you people of the earth. For he loves us with unfailing love; the Lord's faithfulness endures forever. **Alleluia.**

Psalm 117

Give thanks to the Lord, for he is good! His faithful love endures forever. Let all Israel repeat: "His faithful love endures forever." Let Aaron's descendants, the priests, repeat: "His faithful love endures forever." Let all who fear the Lord repeat: "His faithful love endures forever." In my distress I prayed to the Lord, and the Lord answered me and set me free. The Lord is for me, so I will have no fear. What can mere people do to me? Yes, the Lord is for me; he will help me. I will look in triumph at those who hate me. It is better to take refuge in the Lord than to trust in people. It is better to take refuge in the Lord than to trust in princes. Though hostile nations surrounded me, I destroyed them all with the authority of the Lord. Yes, they surrounded and attacked me, but I destroyed them all with the authority of the Lord. They swarmed around me like bees; they blazed against me like a crackling fire. But I destroyed them all with the authority of the Lord.

My enemies did their best to kill me, but the Lord rescued me. The Lord is my strength and my song; he has given me victory. Songs of joy and victory are sung in the camp of the godly. The strong right arm of the Lord has done glorious things! The strong right arm of the Lord is raised in triumph. The strong right arm of the Lord has done glorious things! I will not die; instead, I will live to tell what the Lord has done. The Lord has punished me severely, but he did not let me die. Open for me the gates where the righteous enter and I will go in and thank the Lord. These gates lead to the presence of the Lord, and the godly enter there. I thank you for answering my prayer and giving me victory! The stone that the builders rejected has now become the cornerstone. This is the Lord's doing, and it is wonderful to see. This is the day the Lord has made. We will rejoice and be glad in it. Please, Lord, please save us. Please, Lord, please give us success. Bless the one who comes in the name of the Lord. We bless you from the house of the Lord. The Lord is God, shining upon us. Take the sacrifice and bind it with cords on the altar. You are my God, and I will praise you! You are my God, and I will exalt you! Give thanks to the Lord, for he is good! His faithful love endures forever. **Alleluia.**

Psalm 119

I took my troubles to the Lord; I cried out to him, and he answered my prayer. Rescue me, O Lord, from liars and from all deceitful people. O deceptive tongue, what will God do to you? How will he increase your punishment? You will be pierced with sharp arrows and burned with glowing coals. How I suffer in far-off Meshech. It pains me to live in distant Kedar. I am tired of living among people who hate peace. I search for peace; but when I speak of peace, they want war! **Alleluia.**

Psalm 120

I look up to the mountains— does my help come from there? My help comes from the Lord, who made heaven and earth! He will not let you stumble; the one who watches over you will not slumber. Indeed, he who watches over Israel never slumbers or sleeps. The Lord himself watches over you! The Lord stands beside you as your protective shade. The sun will not harm you by day, nor the moon at night. The Lord keeps you from all harm and watches over your life. The Lord keeps watch over you as you come and go, both now and forever. **Alleluia.**

Psalm 121

I was glad when they said to me, "Let us go to the house of the Lord." And now here we are, standing inside your gates, O Jerusalem. Jerusalem is a well-built city; its seamless walls cannot be breached. All the tribes of Israel—the Lord's people— make their pilgrimage here. They come to give thanks to the name of the Lord, as the law requires of Israel. Here stand the thrones where judgment is given, the thrones of the dynasty of David. Pray for peace in Jerusalem. May all who love this city prosper. O Jerusalem, may there be peace within your walls and prosperity in your palaces. For the sake of my family and friends, I will say, "May you have peace." For the sake of the house of the Lord our God, I will seek what is best for you, O Jerusalem. **Alleluia.**

Psalm 122

I lift my eyes to you, O God, enthroned in heaven. We keep looking to the Lord our God for his mercy, just as servants keep their eyes on their master, as a slave girl watches her mistress for the slightest signal. Have mercy on us, Lord, have mercy, for we have had our fill of contempt. We have had more than our fill of the scoffing of the proud and the contempt of the arrogant. **Alleluia.**

Psalm 123

If it had not been that the Lord is among us, let Israel say; if it had not been that the Lord is among us when men rose up against us, then they would have swallowed us up alive, when their wrath was kindled against us. Then the water would have drowned us. Our soul would have gone under the raging flood; then our soul would have gone under the unlimited water. Blessed be the Lord, who has not given us for a prey to their teeth. Our soul has been delivered as a sparrow from the snare of the hunters. The snare has broken, and we were delivered. Our help is in the name of the Lord, who made heaven and earth. **Alleluia.**

Psalm 124

Those who trust in the Lord are as secure as Mount Zion; they will not be defeated but will endure forever. Just as the mountains surround Jerusalem, so the Lord surrounds his people, both now and forever. The wicked will not rule the land of the godly, for then the godly might be tempted to do wrong. O Lord, do good to those who are good, whose hearts are in tune with you. But banish those who turn to crooked ways, O Lord. Take them away

with those who do evil. May Israel have peace! **Alleluia.**

Psalm 125

When the Lord brought back his exiles to Jerusalem, it was like a dream! We were filled with laughter, and we sang for joy. And the other nations said, "What amazing things the Lord has done for them." Yes, the Lord has done amazing things for us! What joy! Restore our fortunes, Lord, as streams renew the desert. Those who plant in tears will harvest with shouts of joy. They weep as they go to plant their seed, but they sing as they return with the harvest. **Alleluia.**

Psalm 126

Unless the Lord builds a house, the work of the builders is wasted. Unless the Lord protects a city, guarding it with sentries will do no good. It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones. Children are a gift from the Lord; they are a reward from him. Children born to a young man are like arrows in a warrior's hands. How joyful is the man whose quiver is full of them! He will not be put to shame when he confronts his accusers at the city gates. **Alleluia.**

Psalm 127

How joyful are those who fear the Lord — all who follow his ways! You will enjoy the fruit of your labor. How joyful and prosperous you will be! Your wife will be like a fruitful grapevine, flourishing within your home. Your children will be like vigorous young olive trees as they sit around your table. That is the Lord's blessing for those who fear him. May the Lord continually bless you from Zion. May you see Jerusalem prosper as long as you live. May you live to enjoy your grandchildren. May Israel have peace! **Alleluia.**

Psalm 128

From my earliest youth my enemies have persecuted me. Let all Israel repeat this: From my earliest youth my enemies have persecuted me, but they have never defeated me. My back is covered with cuts, as if a farmer had plowed long furrows. But the Lord is good; he has cut me free from the ropes of the ungodly. May all who hate Jerusalem be turned back in shameful defeat. May they be as useless as grass on a rooftop, turning yellow when only half grown,

ignored by the harvester, despised by the binder. And may those who pass by refuse to give them this blessing: "The Lord bless you; we bless you in the Lord's name." **Alleluia.**



Holy, Holy, Holy. A passage from the Gospel according to St. Luke. May his blessings be with us all. Amen.

Luke 4:38-41

Now He arose from the synagogue and entered Simon's house. But Simon's wife's mother was sick with a high fever, and they made request of Him concerning her. So He stood over her and rebuked the fever, and it left her. And immediately she arose and served them. When the sun was setting, all those who had any that were sick with various diseases brought them to Him; and He laid His hands on every one of them and healed them. And demons also came out of many, crying out and saying, "You are the Christ, the Son of God!" And He, rebuking them, did not allow them to speak, for they knew that He was the Christ.

Glory be to God Forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

If the righteous is hardly saved, where shall I, the sinner, appear? The burden and heat of the day I could not endure, due to the weakness of my humanity. But, O merciful God, count me among those of the eleventh hour. For behold, I was conceived in iniquities and in sins did my mother bear me. Therefore, I dare not lift up my eyes to Heaven, but rather, I rely on the abundance of Your mercy and Your love for mankind, crying out and saying: "O God forgive me, a sinner, and have mercy on me."

"Doksa Patri ke Eiyoun-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

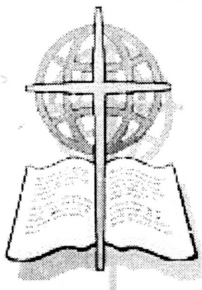
Hasten, O my Saviour, and lay open to me the fatherly bosom, for I have consumed my life in pleasures and lusts, and daytime has gone forth and passed away. Therefore, I now rely in the abundance of Your infinite mercy. So, do not disregard a submissive heart, exceedingly in need of Your mercy, as I cry to You yielding: "Father, I have sinned against Heaven and before You, and I am not worthy to be called Your son; so make me as one of Your hired servants."

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

With full diligence and enthusiasm did I commit every transgression, and with eagerness and skillfulness did I commit every sin. For this I deserve all suffering and condemnation. Therefore, O my Lady the blessed Virgin, guide me to the means of repentance, for to you I plea, through you I seek intercession, and I call you for help, lest I fall. Be my attendant at my soul's departure from my body. Overthrow the conspiracies of the enemy, shut fast the gates of hell before they swallow my soul. O You, blameless Bride of the True Bridegroom.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaouth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

We thank You, O our Compassionate King, for You have granted us to pass this day in peace, and brought us thankfully to the evening, and made us worthy to behold the light until sunset. O God, accept our glorification, which we have now offered You. Deliver us from the intrigues of the adversary, and abolish all the snares he sets against us. Grant us a peaceful night free from all pain, trouble, fatigue, or illusion, that we may pass through it in peace and chastity, and rise up for praises and prayers at all times and everywhere, ascribing glory unto Your holy Name, in all things together with the Father who is incomprehensible and without beginning, and the Holy Spirit, the Giver of Life, Who is equal with You both now and forever and unto the age of all ages. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE TWELFTH HOUR (COMPLINE)

6 P.M

COMMEMORATES THE LAYING DOWN OF
JESUS CHRIST IN THE TOMB

Luke 23:53,54

Prayer of the Twelfth Hour (Compline)

*The worshipper prays the INTRODUCTION OF
EVERY HOUR which includes:*

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

*The prayer of the Twelfth Hour of this blessed
day, we offer to Christ our King and our God,
beseeching Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*



Psalm 129

From the depths of despair, O LORD, I call for your help. Hear my cry, O LORD. Pay attention to my prayer. LORD, if you kept a record of our sins, who, O LORD, could ever survive? But you offer forgiveness, that we might learn to fear you. I am counting on the LORD; yes, I am counting on him. I have put my hope in his word. I long for the LORD more than sentries long for the dawn, yes, more than sentries long for the dawn. O Israel, hope in the LORD; for with the LORD there is unfailing love. His redemption overflows. He himself will redeem Israel from every kind of sin. **Alleluia.**

Psalm 130

LORD, my heart is not proud; my eyes are not haughty. I don't concern myself with matters too great or too awesome for me to grasp. Instead, I have calmed and quieted myself, like a weaned child who no longer cries for its mother's milk. Yes, like a weaned child is my soul within me. O Israel, put your hope in the LORD – now and always. **Alleluia.**

Psalm 131

LORD, remember David and all that he suffered. He made a solemn promise to the LORD. He vowed to the Mighty One of Israel, "I will not go home; I will not let myself rest. I will not let my eyes sleep nor close my eyelids in slumber until I find a place to build a house for the LORD, a sanctuary for the Mighty One of Israel." We heard that the Ark was in Ephrathah; then we found it in the distant countryside of Jaar. Let us go to the sanctuary of the LORD; let us worship at the footstool of his throne. Arise, O LORD, and enter your resting place, along with the Ark, the symbol of your power. May your priests be clothed in godliness; may your loyal servants sing for joy. For the sake of your servant David, do not reject the king you have anointed. The LORD swore an oath to David with a promise he will never take back: "I will place one of your descendants on your throne. If your descendants obey the terms of my covenant and the laws that I teach them, then your royal line will continue forever and ever." For the LORD has chosen Jerusalem; he has desired it for his home. "This is my resting place forever," he said. "I will live here, for this is the home I desired. I will bless this city and make it prosperous; I will satisfy its poor with food. I will clothe its priests with godliness; its faithful

servants will sing for joy. Here I will increase the power of David; my anointed one will be a light for my people. I will clothe his enemies with shame, but he will be a glorious king." **Alleluia**

Psalm 132

How wonderful and pleasant it is when brothers live together in harmony! For harmony is as precious as the anointing oil that was poured over Aaron's head, that ran down his beard and onto the border of his robe. Harmony is as refreshing as the dew from Mount Hermon that falls on the mountains of Zion. And there the LORD has pronounced his blessing, even life everlasting. **Alleluia**

Psalm 133

Oh, praise the LORD, all you servants of the LORD, you who serve at night in the house of the LORD. Lift up holy hands in prayer, and praise the LORD. May the LORD, who made heaven and earth, bless you from Jerusalem. **Alleluia**

Psalm 136

Beside the rivers of Babylon, we sat and wept as we thought of Jerusalem. We put away our harps, hanging them on the branches of poplar trees. For our captors demanded a song from us. Our tormentors insisted on a joyful hymn: "Sing us one of those songs of Jerusalem!" But how can we sing the songs of the LORD while in a pagan land? If I forget you, O Jerusalem, let my right hand forget how to play the harp. May my tongue stick to the roof of my mouth if I fail to remember you, if I don't make Jerusalem my greatest joy. O LORD, remember what the Edomites did on the day the armies of Babylon captured Jerusalem. "Destroy it!" they yelled. "Level it to the ground!" O Babylon, you will be destroyed. Happy is the one who pays you back for what you have done to us. Happy is the one who takes your babies and smashes them against the rocks! **Alleluia**

Psalm 137

I give you thanks, O LORD, with all my heart; I will sing your praises before the gods. I bow before your holy Temple as I worship. I praise your name for your unfailing love and faithfulness; for your

promises are backed by all the honor of your name. As soon as I pray, you answer me; you encourage me by giving me strength. Every king in all the earth will thank you, LORD, for all of them will hear your words. Yes, they will sing about the Lord's ways, for the glory of the LORD is very great. Though the LORD is great, he cares for the humble, but he keeps his distance from the proud. Though I am surrounded by troubles, you will protect me from the anger of my enemies. You reach out your hand, and the power of your right hand saves me. The LORD will work out his plans for my life—for your faithful love, O LORD, endures forever. Don't abandon me, for you made me. **Alleluia.**

Psalm 140

O LORD, I am calling to you. Please hurry! Listen when I cry to you for help! Accept my prayer as incense offered to you, and my upraised hands as an evening offering. Take control of what I say, O LORD, and guard my lips. Don't let me drift toward evil or take part in acts of wickedness. Don't let me share in the delicacies of those who do wrong. Let the godly strike me! It will be a kindness! If they correct me, it is soothing medicine. Don't let me refuse it. But I pray constantly against the wicked and their deeds. When their leaders are thrown

down from a cliff, the wicked will listen to my words and find them true. Like rocks brought up by a plow, the bones of the wicked will lie scattered without burial. I look to you for help, O Sovereign LORD. You are my refuge; don't let them kill me. Keep me from the traps they have set for me from the snares of those who do wrong. Let the wicked fall into their own nets, but let me escape. **Alleluia**

Psalm 141

I cry out to the LORD; I plead for the Lord's mercy. I pour out my complaints before him and tell him all my troubles. When I am overwhelmed, you alone know the way I should turn. Wherever I go, my enemies have set traps for me. I look for someone to come and help me, but no one gives me a passing thought! No one will help me; no one cares a bit what happens to me. Then I pray to you, O LORD. I say, "You are my place of refuge. You are all I really want in life. Hear my cry, for I am very low. Rescue me from my persecutors, for they are too strong for me. Bring me out of prison so I can thank you. The godly will crowd around me, for you are good to me." **Alleluia.**

Psalm 145

Praise the LORD! Let all that I am praise the LORD. I will praise the LORD as long as I live. I will sing

praises to my God with my dying breath. Don't put your confidence in powerful people; there is no help for you there. When they breathe their last, they return to the earth, and all their plans die with them. But joyful are those who have the God of Israel as their helper, whose hope is in the LORD their God. He made heaven and earth, the sea, and everything in them. He keeps every promise forever. He gives justice to the oppressed and food to the hungry. The LORD frees the prisoners. The LORD opens the eyes of the blind. The LORD lifts up those who are weighed down. The LORD loves the godly. The LORD protects the foreigners among us. He cares for the orphans and widows, but he frustrates the plans of the wicked. The LORD will reign forever. He will be your God, O Jerusalem, throughout the generations. **Alleluia**

Psalm 146

Praise the LORD! How good to sing praises to our God! How delightful and how fitting! The LORD is rebuilding Jerusalem and bringing the exiles back to Israel. He heals the broken-hearted and bandages their wounds. He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension! The LORD supports the humble,

but he brings the wicked down into the dust. Sing out your thanks to the LORD; sing praises to our God with a harp. He covers the heavens with clouds, provides rain for the earth, and makes the grass grow in mountain pastures. He gives food to the wild animals and feeds the young ravens when they cry. He takes no pleasure in the strength of a horse or in human might. No, the Lord's delight is in those who fear him, those who put their hope in his unfailing love. **Alleluia**

Psalm 147

Glorify the LORD, O Jerusalem! Praise your God, O Zion! For he has strengthened the bars of your gates and blessed your children within your walls. He sends peace across your nation and satisfies your hunger with the finest wheat. He sends his orders to the world – how swiftly his word flies! He sends the snow like white wool; he scatters frost upon the ground like ashes. He hurls the hail like stones. Who can stand against his freezing cold? Then, at his command, it all melts. He sends his winds, and the ice thaws. He has revealed his words to Jacob, his decrees and regulations to Israel. He has not done this for any other nation; they do not know his regulations. **Alleluia.**



Holy, Holy, Holy. A passage from the Gospel according to Saint Luke. May his blessings be with us all. Amen.

Luke 2:25-32

And behold, there was a man in Jerusalem whose name was Simeon, and this man was just and devout, waiting for the Consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Christ. So he came by the Spirit into the temple. And when the parents brought in the Child Jesus, to do for Him according to the custom of the law, he took Him up in his arms and blessed God and said: "Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples, a light to bring revelation to the Gentiles, and the glory of Your people Israel."

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

Behold I am about to stand before the just Judge, frightened and terrified because of my many sins, for a life spent in pleasures deserves condemnation. Repent, therefore, O my soul, as long as you dwell on this earth, for the dust in the grave offers no praise; and among the dead no one can remember, nor do they who are in Hades offer thanks. But arise from lying down in laziness, and implore the Saviour in repentance, crying out and saying: "O God have mercy on me and save me."

"Doksa Patri ke Eiyoun-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

If this life were everlasting and this world eternal, then O my soul you would have had a right excuse. But if your bad deeds and repulsive evils are revealed before the just Judge, what answer would you then give while you are lying down on the bed of transgression, indolent and slow to control the body? O Christ, our God, before Your fearful throne

of judgment, I am terrified and before Your counsel of judgment do I fear, and unto the light of Your divinity do I flee. I the wicked and defiled who am lying down on my bed, careless about my life; yet I identify myself with publican beating upon my breast and crying "O God be merciful to me, a sinner."

*"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon
Amen." (Both now and forever and unto the age of all
ages, Amen.)*

O Pure Virgin, slip down the shadow of your incentive aid upon your servant. Remove from me all evil thoughts and raise my sick soul to pray and watch, because it has been lying long, in deep sleep. For you alone are a capable Mother, merciful, and helpful, and the Mother of the Spring of Life, my King and my God, Jesus Christ, my hope.

GRACOUSLY ACCORD...

Graciously accord, O Lord, to keep us this night without sin, blessed are You, O Lord, God of our fathers, and full of blessings, and glorified is Your Holy Name forever. Amen.

Let Your mercy be upon us as we have set our hope on You, for the eyes of everyone wait upon You, for You give them their food in due season. Hear us O God, our Redeemer, the hope of all the regions of the earth.

Blessed are You, O Lord, teach me Your righteousness; blessed are You O Lord, make me understand Your commandments; blessed are You, O Lord, enlighten me in Your precepts. O Lord, Your mercy is forever, do not despise the works of Your hands; for You, O Lord, are our refuge, in all generations. I cried unto the Lord and said: "Have mercy on me and heal my soul for I have sinned against You." O Lord, unto You I flee for refuge, save me and teach me to do Your will, for You are my God, with You is the Fountain of Life, and in Your Light shall we see Light. May Your mercy come upon those who know You, and Your righteousness to the upright in heart.

Unto You is due all blessing, unto You is due all praise, unto You is due all glory.

O Father, Son, and Holy Spirit, ever existent, Amen. It is good to praise the Lord, and to give thanks to Your Name, O Most High, to declare Your mercies every morning and Your righteousness every night.

THE TRISAGION

Holy God, Holy Mighty, Holy Immortal, Who was born of the Virgin, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, Who was crucified for us, have mercy on us.

Holy God, Holy mighty, Holy Immortal, Who rose from the dead and ascended into Heaven, have mercy on us.

Glory be to the Father, and to the Son, and to the Holy Spirit, both now, and forever, and unto the age of all ages. Amen.

O Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us. O Holy Trinity, have mercy on us.

O Lord, remit our sins. O Lord, pardon our iniquities. O Lord, forgive us our trespasses.

O Lord, visit the sick of Your people; heal them for the sake of Your Holy Name. Our fathers and brothers who have fallen asleep, O Lord repose their souls.

O You who are sinless, Lord have mercy on us. O You who are sinless, Lord help us and receive our supplications. For Yours is the glory, dominion, and triple Holiness. Lord have mercy. Lord have mercy. Lord bless us. Amen.

O Lord, make us worthy to pray with all thanksgiving:

Our Father who art in Heaven...

INTRODUCTION TO THE CREED

We exalt you, O mother of the True Light, and we glorify you, O Virgin Saint, Theotokos, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory be to You, our Master, and our King, Christ, the Pride of the Apostles, the Crown of the Martyrs, the Joy of the righteous, the Firmness of the churches, the Forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him and glorify Him. Lord have mercy, Lord have mercy, Lord bless us. Amen.

THE CREED

We believe in one God; God the Father the Pantocrator, Who created Heaven and the earth, and of all things seen and unseen.

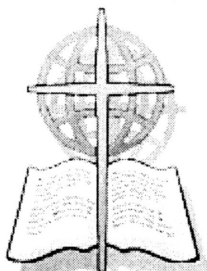
We believe in One Lord Jesus Christ, the Only Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God, begotten, not created; consubstantial with the Father, by whom all things were made; Who, for us men and for our salvation, came down from the Heaven and was incarnate of the Holy Spirit and of the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, suffered, and was buried. And on the third day He rose from the dead, according to the Scriptures; He ascended into Heaven, and sits at the right hand of His Father. And He is coming again in His glory to judge the living and the dead; whose Kingdom shall have no end.

Yes, we believe in the Holy Spirit, the Lord, the Giver of Life; Who proceeds from the Father; Who, with the Father and the Son is worshipped and glorified, Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church; we confess one baptism for the remission of sins. We look for the resurrection of the dead, and the life of the coming age. Amen.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaoth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. (*Pantocrator*) O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

O Lord, all things wherein we have sinned against You this day, whether in deed, or in word, or in thought, or in any feeling; do graciously remit and forgive unto us, for the sake of Your Holy Name, as You are Good and the Lover of Mankind; grant us, O God, a peaceful night, and give us sleep free from all worry. Send us an angel of peace to guard us from all evil, all plague, and all temptation of the enemy. Through the grace and mercies and love of mankind of Your Only-Begotten Son, our Lord, God, and Saviour Jesus Christ, through whom is the glory, the honour, the dominion, and the adoration together with You and the Holy Spirit, the Giver of Life, who is consubstantial with You both now and forever, and unto the age of all ages. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE PRAYER OF THE VEIL

*This prayer concerns monks, yet is suitable for
individual prayer and meditation*

*The worshipper prays the INTRODUCTION OF
EVERY HOUR which includes:*

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

*The prayer of the Veil Hour of this blessed day,
we offer to Christ our King and our God, beseeching
Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*



Psalms of the Veil Prayer:

Ps 4	p.10	Answer me when I call. . .
Ps 6	p.12	O LORD, don't rebuke me. . .
Ps 12	p.15	O LORD, how long. . .
Ps 15	p.16	Keep me safe, O God. . .
Ps 24	p.18	O LORD, I give my life. . .
Ps 26	p.19	The LORD is my light and. . .
Ps 66	p.22	May God be merciful. . .
Ps 69	p.22	Please, God rescue me. . .
Ps 22	p.41	The LORD is my shepherd. . .
Ps 29	p.45	I will exalt You, LORD. . .
Ps 42	p.48	Declare me innocent. . .
Ps 56	p.61	Have mercy on me, O God. . .
Ps 85	p.67	Bow down, O LORD. . .
Ps 90	p.69	Those who live in the shelter. . .
Ps 96	p.82	The LORD is king. . .
Ps 109	p.85	The LORD said to my Lord. . .
Ps 114	p.88	I love the LORD because. . .
Ps 115	p.89	I believed in you, so I said. . .
Ps 120	p.103	I look up to mountains. . .
Ps 128	p.107	From my earliest youth. . .
Ps 129	p.117	From the depths of despair. . .
Ps 130	p.117	LORD, my heart is not. . .
Ps 131	p.118	LORD, remember David. . .
Ps 132	p.119	How wonderful and. . .
Ps 133	p.119	Oh, praise the LORD. . .
Ps 136	p.120	Beside the rivers of Babylon. . .
Ps 140	p.121	O LORD, I am calling to. . .
Ps 145	p.122	Praise the Lord! . . .

Ps 118

Part 20. p.163	Look upon my sufferings...
Part 21. p.164	Powerful people harass me...
Part 22. p.165	LORD, listen to my cry...



*Holy, Holy, Holy. A passage from the Gospel
according to Saint John. May his blessings be with
us all. Amen.*

John 6:15-23

Therefore when Jesus perceived that they were about to come and take Him by force to make Him king, He departed again to the mountain by Himself alone. Now when evening came, His disciples went down to the sea, got into the boat, and went over the sea toward Capernaum. And it was already dark, and Jesus had not come to them. Then the sea arose because a great wind was blowing. So when they had rowed about three or four miles, they saw Jesus walking on the sea and drawing near the boat; and they were afraid. But He said to them, "It is I; do not be afraid." Then they willingly received Him into the

boat, and immediately the boat was at the land where they were going. On the following day, when the people who were standing on the other side of the sea saw that there was no other boat there, except that one which His disciples had entered, and that Jesus had not entered the boat with His disciples, but His disciples had gone away alone – however, other boats came from Tiberias, near the place where they ate bread after the Lord had given thanks.

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

O Lord, You know the alertness of my enemies, and the weakness of my nature, You understand, O my Creator. For behold, into Your hands I place my soul that You may shield me under the wings of Your goodness; lest I sleep unto death. Enlighten my eyes with the excellence of Your sayings, and revive me to glorify You at all times, for You alone are the Good-One and Lover of mankind.

“Doksa Patri ke Eiyou-ke Agi-you Pnevmaty” (Glory be to the Father, and to the Son, and to the Holy Spirit.)

O Lord, Your judgment is fearful, when people shall be gathered, the angels standing, the books opened, the works unveiled, and thoughts examined. What will be my judgment, I who am entangled by sin? Who will quench the flames of fire around me? Who will enlighten my darkness except You, O Lord? Have compassion on me, for You are compassionate towards mankind.

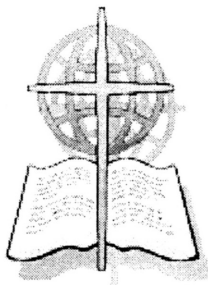
“Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen.” (Both now and forever and unto the age of all ages, Amen.)

We have put our trust in you and will not be put to shame; O Mother of God (*Theotokos*), Having acquired your help and intercession, O pure and perfect one, we shall not fear, but shall pursue our enemies and disperse them, and we shall take the veil of your powerful help, as a shield in all things. We ask and entreat you crying out: “O Mother of God (*Theotokos*), save us through your intercessions, and raise us up from the darkness of sleep, in order to glorify God who was incarnate from you.”

<i>THE TRISAGION</i>	<i>P. 29</i>
<i>INTRODUCTION TO THE CREED</i>	<i>P.32</i>
<i>THE ORTHODOX CREED</i>	<i>P.33</i>

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaouth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

O Lord Jesus Christ our God, give us rest in our sleep, repose for our bodies and purity for our souls, and protect us from the darkness of sin. Subdue all painful movements, quench the heat of the flesh and annul the agitation of our bodies. Grant us an alert mind, a humble thought, a virtuous life, a undefiled, unstained bed. Raise us up to praise You night and morning, being established in Your commandments and ceaselessly remembering Your judgements. Grant us the ability to praise You the whole night, that we may bless Your Holy Name, full of glory and radiance, with Your Good Father and the Holy Spirit the Giver of Life, both now and forever and unto the age of all ages. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.



THE MIDNIGHT HOUR

12 A.M
COMMEMORATES
JESUS CHRIST'S THREE PRAYERS IN GETHSEMANE
Matt. 26:36,46 & Ps. 119:62

Midnight Prayer

The worshipper prays the INTRODUCTION OF EVERY HOUR which includes:

THE LORD'S PRAYER	P.1
THANKSGIVING PRAYER	P.2
PSALM 50	P.3

Arise, O children of the light, let us praise the Lord of Hosts, that He may grant us the salvation of our souls. Whenever we stand before You in the flesh, cast away from our minds the slumber of sleep. Grant us sobriety, O Lord, that we may know how to stand before You at times of prayer, and ascribe unto You the befitting glorification and win the forgiveness of our many sins.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

Psalm 133

Oh, praise the LORD, all you servants of the LORD, you who serve at night in the house of the LORD. Lift up holy hands in prayer, and praise the LORD. May the LORD, who made heaven and earth, bless you from Jerusalem.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

Let my supplication come before You, deliver me according to Your word. My lips shall utter praise, for you teach me Your statutes. My tongue shall speak of Your words for all Your commandments are righteous. Let Your hand become my help for I have chosen Your precepts. I have longed for Your salvation, O Lord, and Your law is my delight. Let my soul live and it shall praise You and let Your judgements help me. I have gone astray like a lost sheep; seek Your servant for I do not forget Your commandments.

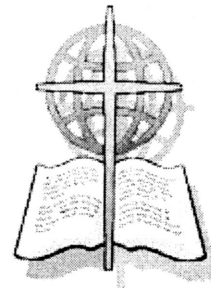
Glory be to the Father, the Son and the Holy Spirit, both now and forever and unto the age of ages, Amen.

Glory be to the Father, the Son and the Holy Spirit, both now and forever and unto the age of ages, Amen.

Glory be to You, O Good One, the Lover of Mankind. Hail to Your Mother, the Virgin, and all Your saints.

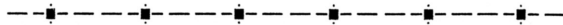
Glory be to You, O Only Begotten One, O Holy Trinity, have mercy upon us.

Let God arise and let all His enemies be scattered and let all that hate His Holy Name flee from before His face. As for Your people, let them be blessed, a thousand, thousand fold and ten thousand, ten thousand fold, doing Your will. O Lord open my lips and my mouth shall show forth Your praise. Amen.
Alleluia.



THE FIRST WATCH

THE PREPARATION OF THE SECOND COMING



*The service of the First Watch of the Midnight prayer
we offer to Christ our King and our God, beseeching
Him to forgive us our sins.*

*From the Psalms of our father David, the prophet
and the king, may his blessings be with us all. Amen.*

Psalms of the First Watch:

Ps 3	p.10	O LORD, I have so many...
Ps 6	p.12	O LORD, don't rebuke me...
Ps 12	p.15	O LORD, how long...
Ps 69	p.22	Please, O God, rescue me...
Ps 85	p.67	Bow down, O LORD....
Ps 90	p.69	Those who live in the shelter...
Ps 116	p.101	Praise the Lord, all you...
Ps 117	p.101	Give thanks to the Lord...

PSALM 118

1) Joyful are people of integrity, who follow the instructions of the LORD. Joyful are those who obey his laws and search for him with all their hearts. They do not compromise with evil, and they walk only in his paths. You have charged us to keep your commandments carefully. Oh, that my actions would consistently reflect your decrees! Then I will not be ashamed when I compare my life with your commands. As I learn your righteous regulations, I will thank you by living as I should! I will obey your decrees. Please don't give up on me!

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

2) How can a young person stay pure? By obeying your word. I have tried hard to find you — don't let me wander from your commands. I have hidden your word in my heart, that I might not sin against you. I praise you, O LORD; teach me your decrees. I have recited aloud all the regulations you have given us. I have rejoiced in your laws as much as in riches. I will study your commandments and reflect on your ways. I will delight in your decrees and not forget your word.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

3) Be good to your servant, that I may live and obey your word. Open my eyes to see the wonderful truths in your instructions. I am only a foreigner in the land. Don't hide your commands from me! I am always overwhelmed with a desire for your regulations. You rebuke the arrogant; those who wander from your commands are cursed. Don't let them scorn and insult me, for I have obeyed your laws. Even princes sit and speak against me, but I will meditate on your decrees. Your laws please me; they give me wise advice.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

4) I lie in the dust; revive me by your word. I told you my plans, and you answered. Now teach me your decrees. Help me understand the meaning of your commandments, and I will meditate on your wonderful deeds. I weep with sorrow; encourage me by your word. Keep me from lying to myself; give me the privilege of knowing your instructions. I

have chosen to be faithful; I have determined to live by your regulations. I cling to your laws. LORD, don't let me be put to shame! I will pursue your commands, for you expand my understanding.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

5) Teach me your decrees, O LORD; I will keep them to the end. Give me understanding and I will obey your instructions; I will put them into practice with all my heart. Make me walk along the path of your commands, for that is where my happiness is found. Give me an eagerness for your laws rather than a love for money! Turn my eyes from worthless things, and give me life through your word. Reassure me of your promise, made to those who fear you. Help me abandon my shameful ways; for your regulations are good. I long to obey your commandments! Renew my life with your goodness.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

6) LORD, give me your unfailing love, the salvation that you promised me. Then I can answer those who

taunt me, for I trust in your word. Do not snatch your word of truth from me, for your regulations are my only hope. I will keep on obeying your instructions forever and ever. I will walk in freedom, for I have devoted myself to your commandments. I will speak to kings about your laws, and I will not be ashamed. How I delight in your commands! How I love them! I honor and love your commands. I meditate on your decrees.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

7) Remember your promise to me; it is my only hope. Your promise revives me; it comforts me in all my troubles. The proud hold me in utter contempt, but I do not turn away from your instructions. I meditate on your age-old regulations; O LORD, they comfort me. I become furious with the wicked, because they reject your instructions. Your decrees have been the theme of my songs wherever I have lived. I reflect at night on who you are, O LORD; therefore, I obey your instructions. This is how I spend my life: obeying your commandments.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

8) LORD, you are mine! I promise to obey your words! With all my heart I want your blessings. Be merciful as you promised. I pondered the direction of my life, and I turned to follow your laws. I will hurry, without delay, to obey your commands. Evil people try to drag me into sin, but I am firmly anchored to your instructions. I rise at midnight to thank you for your just regulations. I am a friend to anyone who fears you— anyone who obeys your commandments. O LORD, your unfailing love fills the earth; teach me your decrees.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

9) You have done many good things for me, LORD, just as you promised. I believe in your commands; now teach me good judgment and knowledge. I used to wander off until you disciplined me; but now I closely follow your word. You are good and do only good; teach me your decrees. Arrogant people smear me with lies, but in truth I obey your

commandments with all my heart. Their hearts are dull and stupid, but I delight in your instructions. My suffering was good for me, for it taught me to pay attention to your decrees. Your instructions are more valuable to me than millions in gold and silver.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

10) You made me; you created me. Now give me the sense to follow your commands. May all who fear you find in me a cause for joy, for I have put my hope in your word. I know, O LORD, that your regulations are fair; you disciplined me because I needed it. Now let your unfailing love comfort me, just as you promised me, your servant. Surround me with your tender mercies so I may live, for your instructions are my delight. Bring disgrace upon the arrogant people who lied about me; meanwhile, I will concentrate on your commandments. Let me be united with all who fear you, with those who know your laws. May I be blameless in keeping your decrees; then I will never be ashamed.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

11) I am worn out waiting for your rescue, but I have put my hope in your word. My eyes are straining to see your promises come true. When will you comfort me? I am shriveled like a wineskin in the smoke, but I have not forgotten to obey your decrees. How long must I wait? When will you punish those who persecute me? These arrogant people who hate your instructions have dug deep pits to trap me. All your commands are trustworthy. Protect me from those who hunt me down without cause. They almost finished me off, but I refused to abandon your commandments. In your unfailing love, spare my life; then I can continue to obey your laws.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

12) Your eternal word, O LORD, stands firm in heaven. Your faithfulness extends to every generation, as enduring as the earth you created. Your regulations remain true to this day, for everything serves your plans. If your instructions hadn't sustained me with joy, I would have died in my misery. I will never forget your commandments, for by them you give me life. I am yours; rescue me! For I have worked hard at obeying your

commandments. Though the wicked hide along the way to kill me, I will quietly keep my mind on your laws. Even perfection has its limits, but your commands have no limit.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

13) Oh, how I love your instructions! I think about them all day long. Your commands make me wiser than my enemies, for they are my constant guide. Yes, I have more insight than my teachers, for I am always thinking of your laws. I am even wiser than my elders, for I have kept your commandments. I have refused to walk on any evil path, so that I may remain obedient to your word. I haven't turned away from your regulations, for you have taught me well. How sweet your words taste to me; they are sweeter than honey. Your commandments give me understanding; no wonder I hate every false way of life.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

14) Your word is a lamp to guide my feet and a light for my path. I've promised it once, and I'll promise it again: I will obey your righteous regulations. I have suffered much, O LORD; restore my life again as you promised. LORD, accept my offering of praise, and teach me your regulations. My life constantly hangs in the balance, but I will not stop obeying your instructions. The wicked have set their traps for me, but I will not turn from your commandments. Your laws are my treasure; they are my heart's delight. I am determined to keep your decrees to the very end.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

15) I hate those with divided loyalties, but I love your instructions. You are my refuge and my shield; your word is my source of hope. Get out of my life, you evil-minded people, for I intend to obey the commands of my God. LORD, sustain me as you promised, that I may live! Do not let my hope be crushed. Sustain me, and I will be rescued; then I will meditate continually on your decrees. But you have rejected all who stray from your decrees. They are only fooling themselves. You skim off the wicked of the earth like scum; no wonder I love to obey your

laws! I tremble in fear of you; I stand in awe of your regulations.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

16) Don't leave me to the mercy of my enemies, for I have done what is just and right. Please guarantee a blessing for me. Don't let the arrogant oppress me! My eyes strain to see your rescue, to see the truth of your promise fulfilled. I am your servant; deal with me in unfailing love, and teach me your decrees. Give discernment to me, your servant; then I will understand your laws. LORD, it is time for you to act, for these evil people have violated your instructions. Truly, I love your commands more than gold, even the finest gold. Each of your commandments is right. That is why I hate every false way.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

17) Your laws are wonderful. No wonder I obey them! The teaching of your word gives light, so even

the simple can understand. I pant with expectation, longing for your commands. Come and show me your mercy, as you do for all who love your name. Guide my steps by your word, so I will not be overcome by evil. Ransom me from the oppression of evil people; then I can obey your commandments. Look upon me with love; teach me your decrees. Rivers of tears gush from my eyes because people disobey your instructions.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

18) LORD, you are righteous, and your regulations are fair. Your laws are perfect and completely trustworthy. I am overwhelmed with indignation, for my enemies have disregarded your words. Your promises have been thoroughly tested; that is why I love them so much. I am insignificant and despised, but I don't forget your commandments. Your justice is eternal, and your instructions are perfectly true. As pressure and stress bear down on me, I find joy in your commands. Your laws are always right; help me to understand them so I may live.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

19) I pray with all my heart; answer me, LORD! I will obey your decrees. I cry out to you; rescue me, that I may obey your laws. I rise early, before the sun is up; I cry out for help and put my hope in your words. I stay awake through the night, thinking about your promise. In your faithful love, O LORD, hear my cry; let me be revived by following your regulations. Lawless people are coming to attack me; they live far from your instructions. But you are near, O LORD, and all your commands are true. I have known from my earliest days that your laws will last forever.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

20) Look upon my suffering and rescue me, for I have not forgotten your instructions. Argue my case; take my side! Protect my life as you promised. The wicked are far from rescue, for they do not bother with your decrees. LORD, how great is your mercy; let me be revived by following your regulations. Many persecute and trouble me, yet I have not

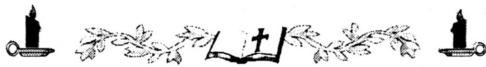
swerved from your laws. Seeing these traitors makes me sick at heart, because they care nothing for your word. See how I love your commandments, LORD. Give back my life because of your unfailing love. The very essence of your words is truth; all your just regulations will stand forever.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

21) Powerful people harass me without cause, but my heart trembles only at your word. I rejoice in your word like one who discovers a great treasure. I hate and abhor all falsehood, but I love your instructions. I will praise you seven times a day because all your regulations are just. Those who love your instructions have great peace and do not stumble. I long for your rescue, LORD, so I have obeyed your commands. I have obeyed your laws, for I love them very much. Yes, I obey your commandments and laws because you know everything I do.

"Doxsasi philanethrope" (Glory be to You, O Lover of Mankind.)

22) LORD, listen to my cry; give me the discerning mind you promised. Listen to my prayer; rescue me as you promised. Let praise flow from my lips, for you have taught me your decrees. Let my tongue sing about your word, for all your commands are right. Give me a helping hand, for I have chosen to follow your commandments. O LORD, I have longed for your rescue, and your instructions are my delight. Let me live so I can praise you, and may your regulations help me. I have wandered away like a lost sheep; come and find me, for I have not forgotten your commands. **Alleluia.**



Holy, Holy, Holy. A passage from the Gospel according to St. Matthew. May his blessings be with us all. Amen.

Matthew 25:1-13

"Then the kingdom of heaven shall be likened to ten virgins who took their lamps and went out to meet the bridegroom. Now five of them were wise, and five were foolish. Those who were foolish took their lamps and took no oil with them, but the wise took oil in their vessels with their

lamps. But while the bridegroom was delayed, they all slumbered and slept. "And at midnight a cry was heard: 'Behold, the bridegroom is coming; go out to meet him!' Then all those virgins arose and trimmed their lamps. And the foolish said to the wise, 'Give us some of your oil, for our lamps are going out.' But the wise answered, saying, 'No, lest there should not be enough for us and you; but go rather to those who sell, and buy for yourselves.' And while they went to buy, the bridegroom came, and those who were ready went in with him to the wedding; and the door was shut. "Afterward the other virgins came also, saying, 'Lord, Lord, open to us!' But he answered and said, 'Assuredly, I say to you, I do not know you.' "Watch therefore, for you know neither the day nor the hour in which the Son of Man is coming.

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

Behold, the Bridegroom is coming at midnight. Blessed is that servant whom He shall find watching, but he whom He shall find sleeping is unworthy to go with Him. See, O my soul, that you grow not heavy with sleep, lest you be cast outside the Kingdom, but watch and cry out, saying: "Holy, Holy, Holy are You, O God!" For the sake of the Mother of God, have mercy upon us.

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

O my soul, consider that terrible day, awake and light your lamp with the oil of gladness because you do not know the hour when that cry will come upon you saying: "Behold the Bridegroom is coming". See, O my soul, that you do not sleep, lest you be found outside, knocking like the five foolish virgins, but watch and pray that you may meet the Lord Christ with rich oil and that He may grant You the true wedding of His divine glory.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

You are the defender of our salvation, O Virgin, Mother of God (*Theotokos*), and our invincible fortress. Abolish the conspiracies of our adversaries, and turn the affliction of your servants into Joy. Fortify our city, defend those who govern us, and intercede for the peace of the world, for you are our hope, O Mother of God (*Theotokos*).

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O Heavenly King, and Comforter, the Spirit of Truth, Who is in every place, and fills all, You who are the Treasure of goodness, and Giver of life, graciously come and dwell in us, purge away all stain, O Good-One, and save our souls.

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

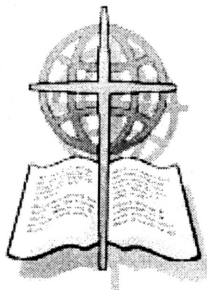
Just as you were with Your Disciples, O Saviour, and gave them peace, graciously come also and be with us, grant us Your peace, save us, and deliver our souls.

*"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon
Amen." (Both now and forever and unto the age of all
ages, Amen.)*

Whenever we stand in Your Holy sanctuary, we are considered as those standing in Heaven. You who are the gate of heaven O Mother of God (*Theotokos*), open unto us the door of mercy.

*O Lord, hear us, have mercy on us, and forgive us our
sins.*

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaouth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

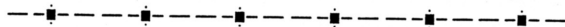
Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

*O Lord, make us, worthy to pray with all
thanksgiving:*

Our Father who art in Heaven...

THE SECOND WATCH

ASKING OUR LORD FOR REPENTANCE



The service of the Second Watch of the Midnight prayer we offer to Christ our King and our God, beseeching Him to forgive us our sins.

From the Psalms of our father David, the prophet and the king, may his blessings be with us all. Amen.

Psalms of the Second Watch:

Ps 119	p.103	I took my troubles to...
Ps 120	p.103	I look up to the mountains...
Ps 121	p.104	I was glad when they said...
Ps 122	p.104	I lift up my eyes to you...
Ps 123	p.105	If it had not been the Lord...
Ps 124	p.105	Those who trust in the Lord.
Ps 125	p.106	When the Lord brought...
Ps 126	p.106	Unless the Lord builds...
Ps 127	p.107	How joyful are those who...
Ps 128	p.107	From my earliest youth...



Holy, Holy, Holy. A passage from the Gospel according to St. Luke. May his blessings be with us all. Amen.

Luke 7:36-50

Then one of the Pharisees asked Him to eat with him. And He went to the Pharisee's house, and sat down to eat. And behold, a woman in the city who was a sinner, when she knew that Jesus sat at the table in the Pharisee's house, brought an alabaster flask of fragrant oil, and stood at His feet behind Him weeping; and she began to wash His feet with her tears, and wiped them with the hair of her head; and she kissed His feet and anointed them with the fragrant oil. Now when the Pharisee who had invited Him saw this, he spoke to himself, saying, "This Man, if He were a prophet, would know who and what manner of woman this is who is touching Him, for she is a sinner." And Jesus answered and said to him, "Simon, I have something to say to you." So he said, "Teacher, say it." "There was a certain creditor who had two debtors. One owed five hundred denarii, and the other fifty. And when they had

nothing with which to repay, he freely forgave them both. Tell Me, therefore, which of them will love him more?" Simon answered and said, "I suppose the one whom he forgave more." And He said to him, "You have rightly judged." Then He turned to the woman and said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has washed My feet with her tears and wiped them with the hair of her head. You gave Me no kiss, but this woman has not ceased to kiss My feet since the time I came in. You did not anoint My head with oil, but this woman has anointed My feet with fragrant oil. Therefore I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, the same loves little." Then He said to her, "Your sins are forgiven." And those who sat at the table with Him began to say to themselves, "Who is this who even forgives sins?" Then He said to the woman, "Your faith has saved you. Go in peace."

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

THE LITANIES:

Lord, grant me a fountain of many tears like that which You first granted to the woman who was a sinner. Make me worthy to wash Your feet which have freed me from the path of error, that I may offer You a precious ointment, and acquire through repentance a purified life, that I may hear that voice full of joy, "Your faith has saved you."

"Doksa Patti ke Eiyu-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

When I consider my many sins, the remembrance of Your awesome judgment comes into my heart, and fear takes hold of me. I take refuge in You, O God the Lover of mankind; do not turn your face away from me. I entreat You, who alone are without sin; grant my poor soul a godly fear, before the end comes and save me.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

The heavens praise You, O You full of grace, the unwedded bride. We also glorify your immaculate birth of Jesus Christ, which is beyond our comprehension. O Mother of God (*Theotokos*), O Mother of mercy and salvation, intercede for the salvation of our souls.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O Heavenly King, and Comforter, the Spirit of Truth, Who is in every place, and fills all, You who are the Treasure of goodness, and Giver of life, graciously come and dwell in us, purge away all stain, O Good-One, and save our souls.

"Doksa Patri ke Eiyau-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

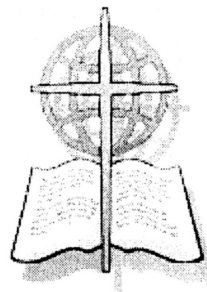
Just as you were with Your Disciples, O Saviour, and gave them peace, graciously come also and be with us, grant us Your peace, save us, and deliver our souls.

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Whenever we stand in Your Holy sanctuary, we are considered as those standing in Heaven. You who are the gate of heaven O Mother of God (*Theotokos*), open unto us the door of mercy.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaoth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, Make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

THE THIRD WATCH

REMINDER TO STAY AWAKE TO PRAY AND WATCH

The service of the Third Watch of the Midnight prayer I offer to Christ our King and our God, beseeching Him to forgive us our sins.

From the Psalms of our father David, the prophet and the king, may his blessings be with us all. Amen.

Psalms of the Third Watch:

Ps 129	p.117	From the depths of despair...
Ps 130	p.117	LORD, my heart is not...
Ps 131	p.118	LORD, remember David. . .
Ps 132	p.119	How wonderful and...
Ps 133	p.119	Oh, praise the LORD...
Ps 136	p.120	Besides the rivers of...
Ps 137	p.120	I give you thanks...
Ps 140	p.121	O LORD, I am calling to you...
Ps 141	p.122	I cry out to the LORD...
Ps 145	p.122	Praise the Lord...
Ps 146	p.123	Praise the Lord...
Ps 147	p.124	Praise the Lord....



*Holy, Holy, Holy. A passage from the Gospel
according to St. Luke. May his blessings be with us
all. Amen.*

Luke 12:32-46

"Do not fear, little flock, for it is your Father's good pleasure to give you the kingdom. Sell what you have and give alms; provide yourselves money bags which do not grow old, a treasure in the heavens that does not fail, where no thief approaches nor moth destroys. For where your treasure is, there your heart will be also. "Let your waist be girded and your lamps burning; and you yourselves be like men who wait for their master, when he will return from the wedding, that when he comes and knocks they may open to him immediately. Blessed are those servants whom the master, when he comes, will find watching. Assuredly, I say to you that he will gird himself and have them sit down to eat, and will come and serve them. And if he should come in the second watch, or come in the third watch, and find them so, blessed are those servants. But know this, that if the master of the house had known what

hour the thief would come, he would have watched and not allowed his house to be broken into. Therefore you also be ready, for the Son of Man is coming at an hour you do not expect." Then Peter said to Him, "Lord, do You speak this parable only to us, or to all people?" And the Lord said, "Who then is that faithful and wise steward, whom his master will make ruler over his household, to give them their portion of food in due season? Blessed is that servant whom his master will find so doing when he comes. Truly, I say to you that he will make him ruler over all that he has. But if that servant says in his heart, 'My master is delaying his coming,' and begins to beat the male and female servants, and to eat and drink and be drunk, the master of that servant will come on a day when he is not looking for him, and at an hour when he is not aware, and will cut him in two and appoint him his portion with the unbelievers.

Glory be to God Forever. Amen.

*We worship You O Christ together with Your
Good Father and the Holy Spirit, for You have come
and saved us.*

THE LITANIES:

With eyes full of compassion, O Lord, look upon my weakness; for my life is nearing its end, and according to my works I have no salvation. Therefore I beseech You O Lord, with merciful eyes look upon my weakness, my affliction, my poverty, my sojourning and save me.

"Doksa Patri ke Eiyou-ke Agi-you Pnevmaty" (Glory be to the Father, and to the Son, and to the Holy Spirit.)

Since the Judge is present, O my soul, take heed, stay awake and consider that terrible hour; for on the day of judgment there is no mercy for the merciless. Therefore O Saviour, have compassion on me, for You alone are the Lover of mankind.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O rational gate of life, the honoured Mother of God (*Theotokos*), deliver those who with confidence take refuge in you from trouble; that we may glorify your immaculate birth of Christ in all things, for the salvation of our souls.

"Ke nin ke aa-ee ke-ic-touce e-on-ace ton e-onon Amen." (Both now and forever and unto the age of all ages, Amen.)

O Heavenly King, and Comforter, the Spirit of Truth, Who is in every place, and fills all, You who are the Treasure of goodness, and Giver of life, graciously come and dwell in us, purge away all stain, O Good-One, and save our souls.

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O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times

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O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

*A passage from the Gospel according to St. Luke.
May his blessings be with us all, Amen.*

St. Luke 2:29-32

"Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples, a light to bring revelation to the Gentiles, and the glory of Your people Israel."

Glory be to God forever. Amen.

We worship You O Christ together with Your Good Father and the Holy Spirit, for You have come and saved us.

INTRODUCTION TO THE CREED

We exalt you, O mother of the True Light, and we glorify you, O Virgin Saint, Theotokos, for you brought forth unto us the Saviour of the whole world; He came and saved our souls.

Glory be to You, our Master, and our King, Christ, the Pride of the Apostles, the Crown of the Martyrs, the Joy of the righteous, the Firmness of the churches, the Forgiveness of sins.

We proclaim the Holy Trinity in One Godhead. We worship Him and glorify Him. Lord have mercy, Lord have mercy, Lord bless us. Amen.

THE CREED

We believe in one God; God the Father the Pantocrator, Who created Heaven and the earth, and of all things seen and unseen.

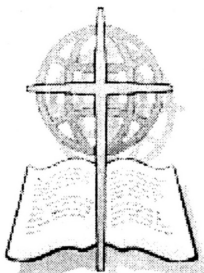
We believe in One Lord Jesus Christ, the Only Begotten Son of God, begotten of the Father before all ages. Light of Light; True God of True God, begotten, not created; consubstantial with the Father, by whom all things were made; Who, for us men and for our salvation, came down from the Heaven and was incarnate of the Holy Spirit and of the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, suffered, and was buried. And on the third day He rose from the dead, according to the Scriptures; He ascended into Heaven, and sits at the right hand of His Father. And He is coming again in His glory to judge the living and the dead; whose Kingdom shall have no end.

Yes, we believe in the Holy Spirit, the Lord, the Giver of Life; Who proceeds from the Father; Who, with the Father and the Son is worshipped and glorified, Who spoke by the prophets.

And in One, Holy, Catholic and Apostolic Church; we confess one baptism for the remission of sins. We look for the resurrection of the dead, and the life of the coming age. Amen.

O Lord, hear us, have mercy on us, and forgive us our sins.

KYRIE ELEISON (Lord have mercy) 41 times



HOLY, HOLY, HOLY

Holy, Holy, Holy, O Lord of Sabaoth, Heaven and earth are full of Your glory and dignity. Have mercy on us O God the Father, Almighty. O Holy Trinity, have mercy on us. O Lord, God of powers be with us. For we have no other helper in our tribulations and adversities but You.

Loose, remit, and forgive us O God our iniquities, which we committed willingly and unwillingly, which we committed knowingly and unknowingly, the hidden and the manifest. O Lord, remit it unto us, for the sake of Your Holy Name, which is called upon us, according to Your mercy, O Lord, and not according to our sins.

O Lord, make us, worthy to pray with all thanksgiving:

Our Father who art in Heaven...

ABSOLUTION

O Lord Jesus Christ, the Son of the Living and Eternal God, enlighten our minds to the understanding of Your Life-giving word. Raise us up from the darkness of sin and make us worthy to be steady in virtue. Make us worthy at the time of Your second coming to judge the world, to hear that voice full of joy, saying: "Come unto Me, you blessed of My Father, inherit the Kingdom prepared for you before the foundation of the world." Yes, Lord, make us ready to be, in that hour without fear, anxiety, or condemnation. And do not judge us according to the multitude of our iniquities, for You alone are long-suffering, plenteous in mercy and compassion, through the intercession of our Lady, Saint Mary, the Mother of God and all the Saints. Amen.

THE CONCLUDING PRAYER OF EVERY HOUR

Have mercy on us, O God, and have mercy on us. For You are at all times and in every hour, in heaven and earth, worshipped and glorified; O Christ, our God, who is long-suffering, plenteous in mercy and compassion. Who loves the just and shows mercy to all sinners among whom I am the first; who does not wish the death of a sinner, but that he repents and lives; You who calls all men to salvation through the promise of good things to come. Do the same, Lord, receive also our supplications at this hour and at every hour; facilitate our present lives and direct us to act according to Your commandments. Sanctify our souls, purify our bodies, set aright our reasoning, cleanse our thoughts, heal our sicknesses, remit our sins, and deliver us from all wrath and distress. Surround us with Your holy angels, that we may be guided and guarded with them, to attain the unity of faith and knowledge of Your imperceptible and infinite glory, for blessed are You unto all ages. Amen.

THE PRIEST'S ABSOLUTION

We thank and entreat You, O Master and Lord Jesus Christ the Son of the Living and Eternal God, abiding in the light before all ages, light of light; Enlighten, O Lord, our minds and our hearts, and illuminate our understanding, so that we may understand Your life giving words. Raise us from the darkness of sin, which kills the soul. Make us worthy to be steadfast in good and beneficial works. At the time of Your awesome second coming, when will You judge the world, may we be worthy of hearing that voice which is full of happiness, joy, consolation, delight and grace from Your divine mouth, saying, "Come to Me, O you blessed of My Father, inherit the kingdom, which was prepared for you since the creation of the world".

Yes, O Lord our God, fit us to be, at that day and that hour, without fear, without fault, without disturbance, without failure and without deviation. Do not deal with us O Lord according to the multitude of our sins.

Priest's Absolution

Pardon O Lord, all our vices, faults, mistakes and lapses.

Relieve us, and the whole world, O Lord, from death, inflation, plagues, destruction, eviction, the sword of enemies, the plots of demons, the danger of fire and drowning, the opposition of those who are evil, the intrigues of the shameless and the injustice of judges. Bring to failure the works of the stubborn against us. For You are our Lord and God, have compassion on us. Do not cast us into the sea of destruction nor into the punishment of our ways. But rescue us, protect us, preserve us and raise us from boredom, anger, languish, and laziness. Do not let the enemy- the devil- overwhelm us with excessive hope, but alert our minds and awaken our hearts from the sleep of negligence and the wasting of lifetime in vain.

O God, remove our trespasses and forgive us our lapses; Do not remember our sins or our vices, Do not be angry with us and may Your anger not continue forever. Have mercy on us O Lord, have mercy on us, for we are weak and poor, drowning in the ocean of sin. Unto You we cry out; before You we worship; by You we confess; it is You whom we want. Do not loose hope O my Master, in Your

mercy, so do not close the door of Your mercy in our faces. But out of Your goodness save us; lead us to Your mercy, and let us hear Your joyful voice.

O God, cleanse us and purify our hearts from wicked, unclean and bad thoughts. Remove from us, O Lord, and from Your people, all dreams, fancies and devilish illusions. Raise us, O God, from every fall and catastrophe. Establish in us, O Lord, patience, hope, love and the Orthodox faith. Count us among the sheep at Your right hand. Seat us with those who recline in Your heavenly banquet.

Forgive us every trespass, guilt and sin; protect us in the fortress of Your luminous, angelic soldiers. For we have no salvation except through Your mercy. Our reliance is on You, our faith is in You and our hope is in You. Accept from us O Lord, our supplications now and at this present time and at all times.

And all those who have asked and bidden us to remember them in prayers, liturgies, unction of the sick and commemorations; Those who are alive and those who are dead; remember us O Lord, together with them, with kindness in the Heavenly Jerusalem, in the Kingdom of Heaven.

Blot out O Lord, our vices, and those who offend us, forgive them and us. Through Your mercy O Lord, save all our souls. O Lord, save our souls. O Lord, save Your people, bless Your inheritance, shepherd and guide them forever. Save those who are in hardship, distress and sadness. Free those who are bound by the bonds of the devils. Satisfy the hungry with good things. Console the small in heart and spirit. Raise the fallen; Confirm the upright. Restore the lost. Support the widows and the orphans. Aid the needy. Give blessings to the fruits of the earth. Grant that the weather be favourable. Give growth to the plants, raise the waters of the rivers fully and bless the dew and the rain. Give contentment to those in need. Repay for those in debt. Gather together the fragments, which are scattered. Accept the repentance of the penitent. Accept the confession of the confessors. Give understanding to the catechumens; and justice, O Lord, to the oppressed. Fill our hearts with joy, gladness, comfort, delight and grace, that we too, having sufficiency in everything always, may abound in every good deed.

Bless O Lord, the crops with heavenly blessings. Bless, O Lord, the crown of this year with Your goodness. Bless, O Lord, the sower, the farmer the

planter and the reaper, as You blessed the crops of the children of Israel in the sixth year. Bless also, O Lord, this gathering of ours, and all the gatherings of all the Orthodox people. Preserve for us the life and the reign of our honoured father, Pope. . . , the Patriarch of this time. Save him, O Lord, and save his people from all catastrophes, trials and sorrows. And also his partners in the apostolic ministry, our fathers the Metropolitans, our fathers the Bishops, our fathers the Hegumens and our fathers the Priests, our brothers the Deacons, our brothers the Laymen, our fathers the Monks and those who came to attend and shared with us in this prayer and all the prayers of the Orthodox people, now asking for the forgiveness of their sins, the past and the future, the personal and the impersonal, the sins committed by night, and the sins committed by day, the hidden and the manifest.

Preserve, O Lord, the welfare of the assemblies, the holy churches, the Orthodox wilderness, and the elders who dwell in them, those serving, those managing, and those living in them. Grant security, peace, love and reassurance among them. Subdue the evil enemy under our feet and their feet. Do not let him have any part in us or in them, neither by the left hand blow nor by the right hand blow, but

preserve them with Your exalted hand and Your protective arm. Save us my Master, from evil temptations and from the snares set before us, the visible and the invisible. Remember, O Lord, our fathers, our mothers, our brothers, our sisters, our relatives, our teachers, our spiritual children, our children in the flesh and all the children of Baptism together.

Remember, O Lord, those through whose toil and effort we have eaten and drank, those who have sheltered us in their homes and given us food from their hands. Reward them O Lord and compensate them with the eternal for the temporal and the heavenly for the earthly. Fill their houses and their stores with every good thing. Reward them, O Lord, thirty, sixty, and a hundred fold, and with the forgiveness of their sins in the Kingdom of Heaven.

Remember, O Lord, those who have done good unto us and to our poor brethren, by all means of charity, because of their love for You and in honour of Your Holy Name; bless them. Remember, O Lord, those who are care for the sacrifices, the oblations, the wine, the oil, the first fruits, the incense, the curtains, the vows, the books of readings and all the utensils of the alter generally; Reward them, O Lord, for what they have offered with the forgiveness of

their sins. Grant them, in this present age, a pleasant life and in the coming age eternal life.

Remember, O Lord, our fathers and brethren who have fallen asleep, and reposed in the faith of Christ. Graciously, repose, O Lord, all their souls, in the remembrance of our holy fathers, Abraham, Isaac and Jacob, in the land of the living, in the Paradise of Joy. As for us who are still alive, aid us for the salvation of our souls; manage our lives according to Your gracious will.

Please O Lord, remember my insignificance, my humiliation, and my weakness; I the retched sinner who am troubled and unworthy of standing between Your hands. Do not reject me because of the multitude of my sins and iniquities. Raise O Lord, a horn of salvation for Your people through the sign of Your life-giving Cross. We ask Your relief in hardships and Your aid in agony and humiliation. Save us, O Lord; Save everyone in hardships. Heal the sick of Your people.

Grant, O Lord, that Your people the Christians, those present with us and those absent from us, that they may be blessed and absolved from Your divine mouth, from the rising of the sun to its setting, and from the North and South.

Accept us unto You, as You accepted the right-hand thief when You were on the Cross, and granted him the Paradise of Joy.

Remember, O Lord, the orphans and the widows, the strangers, the disabled and those who have no one to remember them. Remember us, O Lord, with them, in the heavenly Jerusalem. Remember, O Lord, those standing or sitting, those who are sleeping or lying in illness, those who are traveling by land, sea, air, on planes, through rough roads, through valleys, narrow paths, on mountain peaks, and hills, in caves, those who are in confinement and prisons, those who are in captivity and exile, and those who are bound with the bonds of wicked powers and demons. Return them and bring them all to the port safely, profitably and healthy in soul, body and spirit.

Grant, O my Lord Jesus Christ, that our prayers be acceptable before You without hypocrisy, pride, arrogance, being puffed up or in any fault. Aid us, O God, in doing Your will. Aid us in performing Your commandments. Aid us in the pangs of death, and that which is before during and after death and that which is after death for You are a righteous God, long-suffering, and plenteous in mercy and

compassion. O Lord grant that the door of Your Church be open before us through the age of ages, and unto the end of time.

Have mercy on us, O God, according to Your great mercy; Through the intercessions of the Lady of intercession, the essence of purity, generosity and blessings; Our Queen the pride of our race, the Holy blameless Virgin St. Mary, and the honoured martyr, the apostle and evangelist, St. Mark the preacher of the land of Egypt; all the angels, the fathers, the prophets, the apostles, the martyrs, the saints, the anchorites, the worshippers, the ascetics, and the labourers, who have pleased the Lord with their good works, from Adam and to the end of ages.

To You, we bow down, O Holy Trinity; O Father, Son, and the Holy Spirit, now and at all times, and unto the age of all ages. Amen.



VARIOUS PRAYERS

“How great is prayer? For what better gift can a rational being send up to God than the fragrant word of prayer, when it is offered from a conscience untainted with sin?”

Prayer of Repentance
Prayer before Confession
Prayer after Confession
Prayer before Holy Communion (3)
Prayer after Holy Communion (1)
Prayer before Meals
Prayer before Making a Decision
Prayer for God's Accompaniment
Prayer before Reading the Bible
Prayer before Studying (2)
Prayer before an Exam
Prayer to My Guardian Angel
Prayer in a Time of Anxiety
Prayer for Peace of Mind
Prayer on Approaching Sleep

PRAYER FOR REPENTANCE

My Lord God, and Saviour Jesus Christ, treasure of mercy and the spring of salvation, I come to You confessing my sins. I confess that with boldness I dared to defile Your Holy Sanctuary with my sins. Now I seek Your mercy and love, for Your mercies are boundless; You never turn back a sinner who comes to You. I confess that my mind is burdened with sin and that I have no strength left. Do not turn away from me, do not rebuke me in Your anger nor chasten me in Your displeasure. I am worn out, have compassion upon me O Lord. Do not judge me to Your justice, but according to Your mercy. Remember Your creation; Do not put me on trial, because none of Your servants can justify his deeds. Dress me in a new attire that befits Your glory. Forgive my sins and I shall sing, "Blessed is He whose sins are forgiven." When I confess my sins, and reveal my iniquities, You cleanse me. Amen.

PRAYER BEFORE CONFESSION

O Holy Father, who desires the repentance of sinners, promising to accept them back; look, now, O Lord, at my sinful soul for I have erred and lost my way in the valley of transgressions for many years, and am embittered and wretched for being removed from the fountain of my salvation. Yet, now I come to You, asking to be cleansed from all defilement and filth. Do not reject, but accept me. Look at me with compassion and deal with me mercifully and I will be cleansed and saved; Do not neglect me lest I perish. Grant me grace; that I may approach You with faith and hope, to confess my trespasses and despise them. Let Your Holy Spirit reprove me for my sins. Enlighten my heart that I may realize my sins, my mistakes and my straying; grant me determination to forsake evil that I may be established in Your commandments and live for the glory of Your Holy Name. Amen.

PRAYER AFTER CONFESSION

I thank Your goodness, O Lover-of-mankind, because You did not desire that I perish, but have awakened me from my slumber and guided me to Your path. You saved me from the valley of destruction, and brought me to the safety of Your bosom; fill me with hope and faith, for I have come to You as the sick one to his Physician, and as the hungry and needy to the satisfying food, thirsty to the Spring of living Water, as the poor to the Source of riches, as the sinner to the Saviour, and as the dead to the Fountain of Life; for You are my salvation, my healer, my life, my strength, my comfort, my joy, and my rest is in You. Help me, protect me, and teach me to put my will in Your hands, that I may live according to Your will. Remove my weakness that I may be firm and continue to be faithful to You until the end. Amen.

PRAYER BEFORE COMMUNION

O Lord, I am not worthy that You should come under the roof of my house, for I am sinful, but only say the word and my soul shall be healed. Say unto my soul: "Your sins are forgiven." I am barren and in need of Your righteousness, Your compassion, Your mercy and Your Love. You humbled Yourself and descended from the heaven, and unutterable glory to our lowly state and accepted to be born in a manger. O Holy Saviour, do not reject my humble and miserable soul, which is waiting for Your glorified coming; but accept to come into my soul to cleanse it. As You did not refuse to enter into the leper's house to heal him. Please Lord enter into my soul and heal me. Do not forbid me from receiving Your Holy Body and Your Precious Blood. As You did not forbid the woman, who was a sinner from kissing Your feet. May my communion with You banish the defilement, and mortification of all my evil desires, Help me obey Your Life-giving commandments, and heal my soul and body from all sins, that I may accept Your gifts, may Your grace, dwell in me, may Your Spirit abide in me and make me united with You; that I may live for the glory of Your Holy Name. Amen.

Our Father who art in Heaven...

PRAYER BEFORE COMMUNION

St. John Chrysostom:

I believe, O Lord, and I confess You are the Christ, the Son and living God, Who being God, come into the world to save sinners of whom I am chief. I believe that this is truly Your own most Pure Body, and this is Your own Precious Blood. Therefore, I offer my prayers to You: Have mercy on me and forgive, and absolve my transgression voluntary and involuntary, whither in word or in deed, whither with knowledge or in ignorance, whither in mind or thought. Indeed count me worthy to partake without condemnation to partake of Your most pure Mysteries unto the remission of my sins and everlasting life, for blessed are You unto all ages. O Master Who loves mankind, Lord Jesus Christ my God, with trust in Your bounties I pray to You, that You would not set me on Your left hand, with the goats who have angered You; And do not say unto me, "Amen, I say unto You, I know You not", but grant me to be in Your goodness forever, weeping with compunction, and humility of heart. Purify my heart with Your fear for the communion of Your most pure and life giving Mysteries, that it may be a church of Your Grace. For though I be

exceedingly sinful and unworthy, yet I always knock at Your door; Though I be dejected, slothful, and careless concerning my salvation, never the less I tread Your path. Save me for Your mercies sake for blessed are You by all, O Lord, Your mercies are in all the works, and Yours is the dominion unto the ages. Amen.

Our Father who art in Heaven...

PRAYER BEFORE COMMUNION

ST. BASIL THE GREAT:

O my Master, Lord Jesus Christ, King of Kings and Lord of Lords, Source of life and immortality, Who is the maker of all Creation, visible and invisible; Who is the Son equally ever – existing, Who in Your exceeding great goodness was, in the later days, clothed in flesh, and was crucified and buried for us thankless sinners and by Your blood renewed our nature corrupted by sin: Do O King Immortal, O Master Who loves mankind accept my repentance, a sinner. Incline Your ear unto me and hear my words. I have sinned, O Lord, I have sinned against heaven and before You, and am no more worthy to behold the height of Your Glory. I have angered Your goodness; I have transgressed Your commandments

and disobeyed Your ordinances. But You, O Lord, in as much as You are kind, long suffering and plenteous in mercy, have not given me up to perish with my iniquities but ever awaits my repentance. For You, O Lover of mankind, have said by Your prophet: "I desire not the death of the sinner but that he turns from his way and live". You do not wish, O Master, that the work of Your hands should perish, neither desires the destruction of man, but rather You would love to have all men to be saved, and to come to the knowledge of the truth. Therefore even I, unworthy though I be of heaven and of earth and of this life, and that I wholeheartedly submitted to sin, and been a slave to pleasures, and have defiled Your Holy Image; Yet, in as much as I am Your handy work and creation, I despair not of my salvation, wretched that I am! But trusting in Your boundless compassion, I draw close. Accept me also, O Lord who loves mankind, as the sinful women, as the thief, as the publican, and as the prodigal. Take away my heavy burden of inequity o Your who takes away the sins of the world; Who heals all infirmities; who calls unto You all that labour and are heavy and gives them rest. Who came not to call the righteous, but sinners to repentance. Cleanse me, O Lord, from every defilement of flesh and spirit, and teach me to retain holiness in Your fear; that, receiving a portion

of thy Holy Things with the witness of a clear conscious, I may be united unto Your holy Body and Blood, and may have You living and dwelling within me, with the Father and the Holy Spirit. Yes, O Lord Jesus my God, let not the communion of the most pure and life giving mysteries be unto me for judgment, nor may I become weak in soul or body by partaking in an unworthy manner. But grant me even unto my last breath to receive a portion of thy Holy Things without condemnation, unto communion of thy Holy Spirit, unto provision for life eternal, and as an acceptable defense at dread judgment seat; I also together with all Your elect may be a partaker of Your incorruptible blessings which You have prepared for them that love Your holy Name. For You are most glorified unto the age of all ages. Amen.

Our Father who art in Heaven...

PRAYER AFTER COMMUNION

My heart is filled with joy and my tongue with gladness. My spirit glorifies the Lord, and my soul rejoices in God my Saviour. I have come to You, O Lord, clothe me with a radiant garment and make me worthy to enter into Your wedding. Let my communion with You today be forever, for through it I increase and grow firm in virtue, and strong in faith, and hope. Let my communion be a sign of Your salvation, a raiment of grace, a garment of the new birth, a purity and righteousness of my body and soul, a preparation for the eternal love and joy. I surrender myself and my will to Your compassion, for it is You that increases and I that decreases. O Lord, I call to You my senses and my mind, to bless them and make them according to Your will. Enlighten my heart and awaken my conscience. Disperse all the shadows of the adversities. Still the storm; walk with me and guide me. Give me comfort, quench my thirst; abide with me for the day is coming to an end, and accompany me until daybreak; for You alone are my goal and my joy, now and forever. Amen.

Our Father who art in Heaven...

PRAYER BEFORE MEALS

Blessed are You, O Lord who supported us from our youth and granted unto us Your blessings, and prepared food for every creature; for the eyes of everyone wait upon You, You who gave them their food in due season. You open Your hands and fill all living things. To You is due glory, praise, blessing and thanksgiving for the food that You have prepared for us. Stretch forth Your right hand and bless this food that is set before us for the nourishment of our bodies. Let it be for power and health of our lives. Grant salvation, grace, blessing and purity to all those who partake of it. Lift our minds to You at all times to seek our spiritual and eternal food. Grant that we may labour for the everlasting food which is for life eternal. Grant us to be partakers of Your evening banquet. Grant us the food of blessing, the cup of salvation, and fill our hearts with joy. Teach us, since You are the pleasure in all things so that when eating, drinking or labouring, we do it all for the glory of Your Holy Name; For Yours is the glory for ever and ever. Amen.

PRAYER FOR GOD'S GUIDANCE BEFORE MAKING A DECISION

Lord You are aware that I do not know what is good for me, and now that I am about to start..., how can I know if it is right unless You guide me with Your grace. O Lord, I beseech Your guidance in this matter; Do not let me follow my tendencies, if it will cause me to be confused and fall; Keep me from slipping, help me, let it be according to Your will. If You see it fit, grant me Your blessing to complete it, if not, remove this desire from my heart. You know all things, nothing is concealed from You. Lord, I am Your servant, deal with me as You see fit as I realize that I will have neither success nor peace unless I submit myself to the grace of Your will. Teach me to say in every occasion, "Let it be according to Your will, Lord, not according to mine."; *For Yours is the Kingdom, the Power and Glory forever more. Amen.*

PRAYER FOR GOD'S ACCOMPANIMENT

Grant me Your grace, O Lord Jesus, the long-suffering, and be with me that I may dwell in You unto the end. Grant that I may ask and wish always for what is pleasing to You. Let Your will be my will. Let my will follow always Your will and be in accord with it in a perfect way. Both of us have one will, for I do not want to desire anything except what You wish. Grant me not to lust for the things of this world, that I may dwell in You in all things and hold above all things the desire to be as You would have me be and to do as You would have me do. You are the peace of my heart and the shelter of my life. You are the real peace and the only comfort and apart from You, everything is difficult and confusing. Therefore, with this peace, which is in You, Great Eternal Good-One, I am able to rest; *For Yours is the Kingdom, and the Power, and the Glory forever. Amen.*

Our Father who art in Heaven...

PRAYER BEFORE READING THE BIBLE

How can a one cleanse his way? It's by taking heed according to Your Word. Heavenly Father, Your commandments are exceedingly broad. Teach me Your Statutes. Make me understand the way of Your precepts that I may not sin against You. My Saviour and Lord Jesus Christ, Son and Logos of God the Father; I will keep Your precepts with all my heart, for I trust in Your word. My heart stands in awe of Your word and in it I rejoice as one who finds great treasure. Your word is very pure; therefore Your servant loves it. Your word makes me clean. Your word is a lamp to my feet and a light to my path. Your word has given me Life. O Holy Spirit, the Comforter, stir my heart within me to receive Your word with nobility and goodness. Grant me patience that You may bear Your fruit in me thirty, sixty and a hundred fold. For You are God Who gives the increase. You are all in all. Amen.

Our Father who art in Heaven...

PRAYER BEFORE STUDYING

You know, O Lord that I am limited and cannot understand on my own... Please sit with me and help me to understand. Illuminate my mind and open my heart to understand Your countless mysteries. I thank You for this opportunity to expand my knowledge of You, because You are with me while I study. For I study, not for the sake of knowledge, nor for the sake of my future, but for Your sake. However, I commit to my studies so that everyone may know that Your children are successful vessels and valuable tools. Lord You know my weaknesses and my strengths. You have given unto me this, my work, as a responsibility. Grant me, O Lord, the endurance to persevere, the discipline to choose wisely, and the knowledge that I lack. Let this, my study, be to You a sacrifice of Love - and let it also be the honest return of the gifts You have granted me. Bless, it, O Lord, and make it profitable to the Glory of Your Holy Name. I pray that every work I undertake be with honesty. Please, guide each stroke of my pen and sit beside me every step of the way. O Lord, You are my candle in the darkness. Please, walk with me and take me by my hand. Indeed, "the Lord is my Shepard and I shall

fear no evil". O Lord, I am lonely. I am hungry and homeless until I find my Redeemer. Grant me patience that You may bear Your fruit in me thirty, sixty and a hundred fold. For You are my God who gives the increase. You are all in all. Amen.

Our Father who art in Heaven...

PRAYER BEFORE STUDYING

Grant me peace, O God, as I open my books and notes. Open my mind to Thy will, and may I dedicate these hours to Thy Son, Jesus Christ. Offer me insight, O Lord, that I might understand these things, and see them as a part of Thy Kingdom. May I offer Thee my best in reading and learning that it may be a part of my discipleship. O Jesus Christ, may this be a worthy time that is faithful to Thee and bring me closer to the goals I have in order to serve Thee. I offer this time and prayer in Thy holy Name. Amen.

Our Father who art in Heaven...

PRAYER BEFORE AN EXAM

O wise God, I pray that my mind might be rested, my body energized, and my spirit inspired for the exam I must write. Grant me peace and assurance so that I might do the best I am able, regardless of what that might be. O Giver of understanding, Instructor of the foolish and Champion of the poor, be with my fellow students and may I be a good example to them, offering reassurance and confidence regardless of how I feel. May I be honest and insightful, and able to give a true record of what I have learned. In the end, may any disappointment be born with grace, and any joy accompanied with humility. I write this exam with Thee, O Lord Jesus Christ. Amen.

Our Father who art in Heaven...

PRAYER FOR PEACE OF MIND

In this time of anxiety, O loving God, grant me peace of mind. Quiet any distress and allow me to see clearly my mission and discipleship. I pray for my examiners as well as for myself, so that they might be wise in their questioning so that it will allow for a true accounting of my learning and understanding. May the memory of my family and friends remind me of their support, regardless of outcome, united with them in the spirit of love. May I be wise enough to gain enough rest so all might be ready, my thoughts organized, and my life dedicated to serve Thee whatever the cost, through the love of Jesus Christ, my Saviour. Amen

Our Father who art in Heaven...

PRAYER IN A TIME OF ANXIETY

When I am truly anxious, O God, remind me of my love of Thy Son, Jesus Christ. May I realize that I will not be abandoned, but am accompanied always by Him. Dispel any sense of self-concern, and remind me that others are feeling the same tensions, which is only natural in times of stress. Grant me insight, God of Wisdom, to see the things that have been taught by Your Holy Spirit, to understand them in the unfolding story of Thy Creation, and our purpose within it. May I lay my head down to rest confident that Thou art always with us, through the love and affection of Thy Son, Jesus Christ, my Redeemer and Lord. Amen.

Our Father who art in Heaven...

PRAYER TO MY GUARDIAN ANGEL

O you who shines with an angelic appearance, and who is illuminated by the Divine Glory: Protect me under the shelter of your wings and with the sword of your Divine service drive away all my enemies, both visible and invisible. For we have you as a mighty warrior and intercessor for our souls. I sing to you, Divine angel of God the Pantocrator, the unsleeping guardian of my soul and protector of my life and guide given me by God. He that desires that all men be saved, O Word, you have appointed holy angels and guides and enlighteners, less instructing us in the fear of You. Upon me who am darkened by the blackness of night and covered by the murky glooms of passions do you shine the light of repentance O my guide and defender and guardian. I have had the character of a mixture of earth, muck and dust, and therefore I have clung to the earth. O my defender, guide and deliverer, turn my desires towards heaven. With spiritual love I cry, my most holy angel; protect and guard me always from the snares of the evil one, and guide me to heavenly life by giving me understanding, enlightenment and strength. Imitating the great patience, of the Word of God, who came to call all sinners to repentance, and

who compelled them not, but awaited for their voluntary amendment. O my God, wait patiently with me. My Guardian cease not to guard me, to array yourself for battle around me. Amen.

Our Father who art in Heaven...

PRAYER ON APPROACHING SLEEP

St. Macarius the Great:

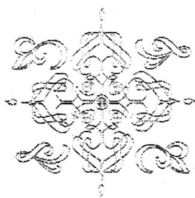
O Eternal God and King of all creation, Who has granted me to arrive even at this hour, forgive me the sins that I have committed this day in word, deed and thought. And cleanse, O Lord, my lowly soul from all defilement of flesh and spirit. And grant me, O Lord, to pass the sleep of this night in peace, that when I rise from my humble bed, I may please Your most holy Name all the days of my life, and may trample down the bodily and bodiless enemies that war against me. Deliver me, O Lord, from vain thoughts and evil desires which defile me. For Thine is the kingdom, and the power, and the glory, of the Father and the Son, and the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Our Father who art in Heaven...

PSALMS INDEX

This index is made out for the use of the persons assigning the psalms among the congregation, in the Holy Liturgy, prayer meetings, etc...

In this index the Psalm number in the brackets is the NLT number, the number outside is the Coptic number, which is used throughout this "Agpeya". This is explained in further detail in the Introduction (page XI).



THE PRAYER OF THE FIRST HOUR (Prime)

Psalms of the First Hour:

Ps 1	p.8	Oh, the joys of those...
Ps 2	p.9	Why are the nations so angry...
Ps 3	p.10	O LORD, I have so many...
Ps 4	p.10	Answer me when I call to you...
Ps 5	p.11	O LORD, hear me as I pray...
Ps 6	p.12	O LORD, don't rebuke me...
Ps 8	p.13	O LORD, our Lord...
Ps 11 (12)	p.14	Help, O LORD, for the godly...
Ps 12 (13)	p.15	O LORD, how long will you...
Ps 14 (15)	p.15	Who may worship in your...
Ps 15 (16)	p.16	Keep me safe, O God...
Ps 18 (19)	p.17	The heavens proclaim the glory...
Ps 24 (25)	p.18	O LORD, I give my life to you...
Ps 26 (27)	p.19	The LORD is my light...
Ps 62 (63)	p.21	O God, you are my God...
Ps 66 (67)	p.22	May God be merciful and bless...
Ps 69 (70)	p.22	Please, God, rescue me...
Ps 112 (113)	p.23	Praise the Lord...
Ps 142 (143)	p.24	Hear my prayer, O LORD...

**THE PRAYER
OF THE THIRD HOUR
(Terce)**

Psalms of the Third Hour:

Ps 19 (20)	p.41	In times of trouble...
Ps 22 (23)	p.41	The LORD is my shepherd...
Ps 23 (24)	p.42	The earth is the Lord's...
Ps 25 (26)	p.43	Declare me innocent, O LORD...
Ps 28 (29)	p.44	Honor the LORD, you heavenly...
Ps 29 (30)	p.45	I will exalt You, O Lord. . .
Ps 33 (34)	p.46	I will bless the Lord. . .
Ps 40 (41)	p.47	Oh, the joys of those who...
Ps 42 (43)	p.48	Declare me innocent, O God...
Ps 44 (45)	p.49	Beautiful words stir my heart...
Ps 45 (46)	p.50	God is our refuge and strength...
Ps 46 (47)	p.51	Come, everyone...



**THE PRAYER
OF THE SIXTH HOUR
(Sext)**

Psalms of the Sixth Hour:

Ps 53 (54)	p.61	Come with great power, O God...
Ps 56 (57)	p.61	Have mercy on me, O God...
Ps 60 (61)	p.62	O God listen to my cry...
Ps 62 (63)	p.63	O God, you are my God...
Ps 66 (67)	p.64	May God be merciful and bless...
Ps 69 (70)	p.64	Please, God, rescue me...
Ps 83 (84)	p.65	How lovely is your dwelling...
Ps 84 (85)	p.66	LORD, you poured out blessings...
Ps 85 (86)	p.67	Bend down, O LORD...
Ps 86 (87)	p.68	On the holy mountain stands...
Ps 90 (91)	p.69	Those who live in the shelter...
Ps 92 (93)	p.70	The LORD is king...



THE PRAYER OF THE NINTH HOUR

(None)

Psalms of the Ninth Hour:

Ps 95 (96)	p.81	Sing a new song to the Lord...
Ps 96 (97)	p.82	The LORD is king...
Ps 97 (98)	p.83	Sing a new song to the Lord...
Ps 98 (99)	p.83	The LORD is king...
Ps 99 (100)	p.84	Shout with joy to the LORD...
Ps 100 (101)	p.85	I will sing of love and justice...
Ps 109 (110)	p.85	The LORD said to my Lord...
Ps 110 (111)	p.86	Praise the Lord...
Ps 111 (112)	p.87	Praise the Lord...
Ps 112 (113)	p.88	Praise the Lord...
Ps 114 (116: 1-9)	p.88	I love the LORD...
Ps 115 (116: 10-19)	p.89	I believed in you, so I said...



THE PRAYER OF THE ELEVENTH HOUR

(Vespers)

Psalms of the Eleventh Hour:

Ps 116 (117)	p.101	Praise the Lord, all you...
Ps 117 (118)	p.101	Give thanks to the Lord...
Ps 119 (120)	p.103	I took my troubles to...
Ps 120 (121)	p.103	I look up to the mountains...
Ps 121 (122)	p.104	I was glad when they said...
Ps 122 (123)	p.104	I lift up my eyes to you...
Ps 123 (124)	p.105	If it had not been the Lord...
Ps 124 (125)	p.105	Those who trust in the Lord...
Ps 125 (126)	p.106	When the Lord brought...
Ps 126 (127)	p.106	Unless the Lord builds...
Ps 127 (128)	p.107	How joyful are those who...
Ps 128 (129)	p.107	From my earliest youth...



**THE PRAYER
OF THE TWELFTH HOUR**
(Compline)

Psalms of the Twelfth Hour:

Ps 129 (130)	p.117	From the depths of despair...
Ps 130 (131)	p.117	LORD, my heart is not...
Ps 131 (132)	p.118	LORD, remember David. . .
Ps 132 (133)	p.119	How wonderful and...
Ps 133 (134)	p.119	Oh, praise the LORD...
Ps 136 (137)	p.120	Besides the rivers of...
Ps 137 (138)	p.120	I give you thanks...
Ps 140 (141)	p.121	O LORD, I am calling to you...
Ps 141 (142)	p.122	I cry out to the LORD...
Ps 145 (146)	p.122	Praise the Lord...
Ps 146 (147:1-11)	p.123	Praise the Lord...
Ps 147 (147:12-20)	p.124	Praise the Lord....



**THE PRAYER
OF THE VEIL**
(To be prayed individually)

Psalms of the Veil:

Ps 4	p.10	Hear me when I call. . .
Ps 6	p.12	O Lord, do not rebuke me. . .
Ps 12 (13)	p.15	How long, O Lord? . . .
Ps 15 (16)	p.16	Preserve me, O God, . . .
Ps 24 (25)	p.18	To You, O Lord, I lift up. . .
Ps 26 (27)	p.19	The Lord is my light and. . .
Ps 66 (67)	p.22	God be merciful to us. . .
Ps 69 (70)	p.22	Make haste, O God, . . .
Ps 22 (23)	p.42	The Lord is my shepherd. . .
Ps 29 (30)	p.45	I will extol You, O Lord. . .
Ps 42 (43)	p.48	Vindicate me, O God, . . .
Ps 56 (57)	p.61	Be merciful to me, O God. . .
Ps 85 (86)	p.67	Bow down Your ear, . . .
Ps 90 (91)	p.69	He who dwells in the secret. . .
Ps 96 (97)	p.82	The Lord reigns; . . .
Ps 109 (110)	p.85	The Lord said to my Lord. . .
Ps 114 (116: 1-9)	p.88	I love the Lord, . . .
Ps 115 (116: 10-19)	p.89	I believed, therefore I spoke. . .
Ps 120 (121)	p.103	I will lift up my eyes. . .
Ps 128 (129)	p.107	Many a time they have. . .
Ps 129 (130)	p.117	Out of the depths I have cried.
Ps 130 (131)	p.117	Lord, my heart is not. . .
Ps 131 (132)	p.118	Lord, remember David. . .

P's 133	p.119	Oh, praise the LORD. . .
P's 136	p.120	Beside the rivers of Babylon . . .
P's 140	p.121	O LORD, I am calling to . . .
P's 145	p.122	Praise the Lord! . . .
P's 118		
Part 20. p.163		Look upon my sufferings...
Part 21. p.164		Powerful people harass me...
Part 22. p.165		LORD, listen to my cry...



THE MIDNIGHT PRAYER

Psalms of the Midnight Prayer:

P's 133 (134)	p.119	Oh, praise the LORD...
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FIRST WATCH

P's 3	p.10	O LORD, I have so many...
P's 6	p.12	O LORD, don't rebuke me...
P's 12 (13)	p.15	O LORD, how long. . .
P's 69 (70)	p.22	Please, O God, rescue me....
P's 85 (86)	p.67	Bow down, O LORD....
P's 90 (91)	p.69	Those who live in the shelter...
P's 116 (117)	p.101	Praise the Lord, all you...
P's 117 (118)	p.101	Give thanks to the Lord...

SECOND WATCH

P's 119 (120)	p.103	I took my troubles to. . .
P's 120 (121)	p.103	I look up to the mountains. . .
P's 121 (122)	p.104	I was glad when they said. . .
P's 122 (123)	p.104	I lift up my eyes to you....
P's 123 (124)	p.105	If it had not been the Lord...
P's 124 (125)	p.105	Those who trust in the Lord.
P's 125 (126)	p.106	When the Lord brought. . .
P's 126 (127)	p.106	Unless the Lord builds. . .
P's 127 (128)	p.107	How joyful are those who. . .
P's 128 (129)	p.107	From my earliest youth. . .

THIRD WATCH

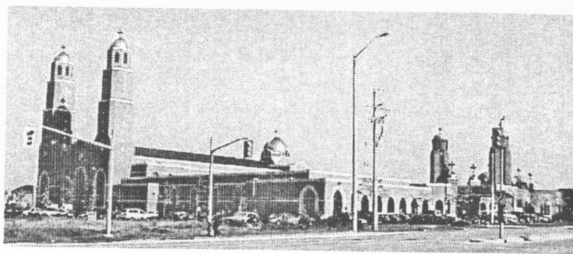
Ps 129 (130)	p.117	From the depths of despair...
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Ps 145 (146)	p.122	Praise the Lord...
Ps 146 (147:1-11)	p.123	Praise the Lord...
Ps 147 (147:12-20)	p.124	Praise the Lord....



<i>When you are tempted to compromise</i>	Psalm 1:1-7
<i>When you are unjustly criticized</i>	Psalm 3:1-4
<i>When you are lacking in joy</i>	Psalm 5:11, 12
<i>When you are being tested</i>	Psalm 10:5-7
<i>When you need encouragement</i>	Psalm 17:6-8
<i>If you doubt the Scriptures</i>	Psalm 19:7-11
<i>When you are lonely</i>	Psalm 23:1-6
<i>When you mourn</i>	Psalm 30:10-12
<i>When you need God's forgiveness</i>	Psalm 32:1-5
<i>When you are tempted to miss church</i>	Psalm 34:1-10
<i>When you are worried</i>	Psalm 37:1-8
<i>When you are sad</i>	Psalm 43:3-5
<i>When you are depressed</i>	Psalm 57:6-11
<i>When you need God's protection</i>	Psalm 61:1-8
<i>When you need strength</i>	Psalm 62:5-8
<i>When enemies comes against you</i>	Psalm 70:1-5
<i>When there is a shortage of money</i>	Psalm 72:12-19
<i>When you are deeply troubled</i>	Psalm 77:1-15
<i>When you feel insignificant</i>	Psalm 84:5-12
<i>When you wonder about life's meaning</i>	Psalm 90:10-17
<i>In times of anxiety</i>	Psalm 94:16-19
<i>If you are tempted to disobey God</i>	Psalm 95:6-11
<i>When you need God's mercy</i>	Psalm 103:1-14
<i>When you are discouraged</i>	Psalm 109:21-31
<i>Opportunity to serve God</i>	Psalm 112:1-10
<i>When a loved one dies</i>	Psalm 116:1-19
<i>When you need God's guidance</i>	Psalm 119:9-16
<i>Before leaving on a journey</i>	Psalm 121:1-18
<i>When you contemplate marriage</i>	Psalm 127:1-5
<i>If God seems far away</i>	Psalm 139:1-18
<i>If you want to complain to God</i>	Psalm 142:1-7

<i>Genealogy of Jesus Christ</i>	Matthew 1:1 Luke 3:23-38
<i>The Sermon on the Mount (Beatitudes)</i>	Matthew 5:1-17
<i>The Lord's Prayer</i>	Matthew 6:9
<i>Meaning of Christ's death</i>	Matthew 8:17; 26:53; 27:32; 27:41-43; Romans 3:25, 26
<i>Powers and limitations of demons</i>	Matthew 8:29
<i>When you are under pressure</i>	Matthew 11:25-30
<i>Feeding the five thousand</i>	Matthew 14:15-20 Luke 9:12-17
<i>Jesus' teaching on the Second Coming</i>	Matthew 24:3-44
<i>Garden of Gethsemane</i>	Matthew 26:36
<i>The distribution of the Holy Eucharist</i>	Matthew 26:26-30
<i>The Great Commission</i>	Matthew 28:18-20
<i>Death of John the Baptist</i>	Mark 6:17-28
<i>Transfiguration of Christ</i>	Mark 9:1-13
<i>Jesus' teaching on servant-hood</i>	Mark 10:42-45
<i>Last Supper</i>	Mark 14:18
<i>The Annunciation to Mary</i>	Luke 1:26-56
<i>The earthly birth of Jesus Christ</i>	Luke 2:1-20
<i>Temptation of Jesus</i>	Luke 4:1, 2
<i>Story of the Paralyzed Man</i>	Luke 5:17
<i>The Good Samaritan</i>	Luke 10:1-42
<i>Instruction on Prayer</i>	Luke 11:8
<i>Ephesians 6:18; 2 Thess. 3:1, 2; 1 Timothy</i>	2:1, 2; James 4:3
<i>Jesus' teaching on eternal punishment</i>	Luke 13:24-30
<i>Jesus rides into Jerusalem</i>	Luke 19:1-48
<i>The death, and resurrection of Christ</i>	Luke 23:33-24:49
<i>Testimony of John the Baptist</i>	John 1:4-17
<i>Wedding at Cana</i>	John 2:1-11
<i>How one is born again</i>	John 3:2-21

<i>Jesus' teaching on the Eucharist</i>	John 6:30-59
<i>When you feel separated from Christ</i>	John 10:7-30
<i>When you need comfort</i>	John 14:1-6
<i>To learn about union with Christ</i>	John 15:1-17
<i>Jesus' teaching on the Holy Spirit</i>	John 15:26; 16:15
<i>Coming of the Holy Spirit (Pentecost)</i>	Acts 2:1-21
<i>St. Stephen the first Martyr</i>	Acts 6:8
<i>The first Church Council</i>	Acts 15:1-35
<i>Scriptural teaching on sexual immorality and homosexuality</i>	Romans 1:18-32 1 Cor. 5:1-13; 6:15
<i>St. Paul's teaching on justification</i>	Romans 5:1-21
<i>St. Paul's teaching on Holy Baptism</i>	Romans 6:1-11
<i>When the unexpected happens</i>	Romans 8:28-39
<i>When tempted to break the law</i>	Romans 13:1-10
<i>To learn of true Christian love</i>	1 Cor. 13: 1-13
<i>To learn of sin and righteousness</i>	Galatians 5:19-26
<i>To learn of faith and works</i>	Ephesians 2:8-10
<i>To learn of Christian marriage</i>	Ephesians 5:22-33
<i>To understand the unseen warfare</i>	Ephesians 6:10-18
<i>Women and teaching</i>	1 Timothy 2:12
<i>The communion of the saints</i>	Heb. 12:1-3, 22-24
<i>To learn of Christian healing</i>	James 5:13-16
<i>St. Peter's teaching on marriage</i>	1 Peter 3:1-9
<i>St. Peter's teaching on false prophets</i>	2 Peter 2:1-22
<i>To learn about confession of sin</i>	1 John 1:5; 2:1
<i>To learn about eternal life</i>	1 John 5:11-13
<i>Satan thrown out of Heaven</i>	Rev. 12:7-17
<i>To learn about the false prophet</i>	Rev. 13:11-18
<i>To learn about the antichrist</i>	Rev. 13:1-10
<i>Satan bound 1000 years</i>	Rev. 20:1-3
<i>To learn of the Eternal Kingdom</i>	Rev. 21; 22



**The Church of the
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